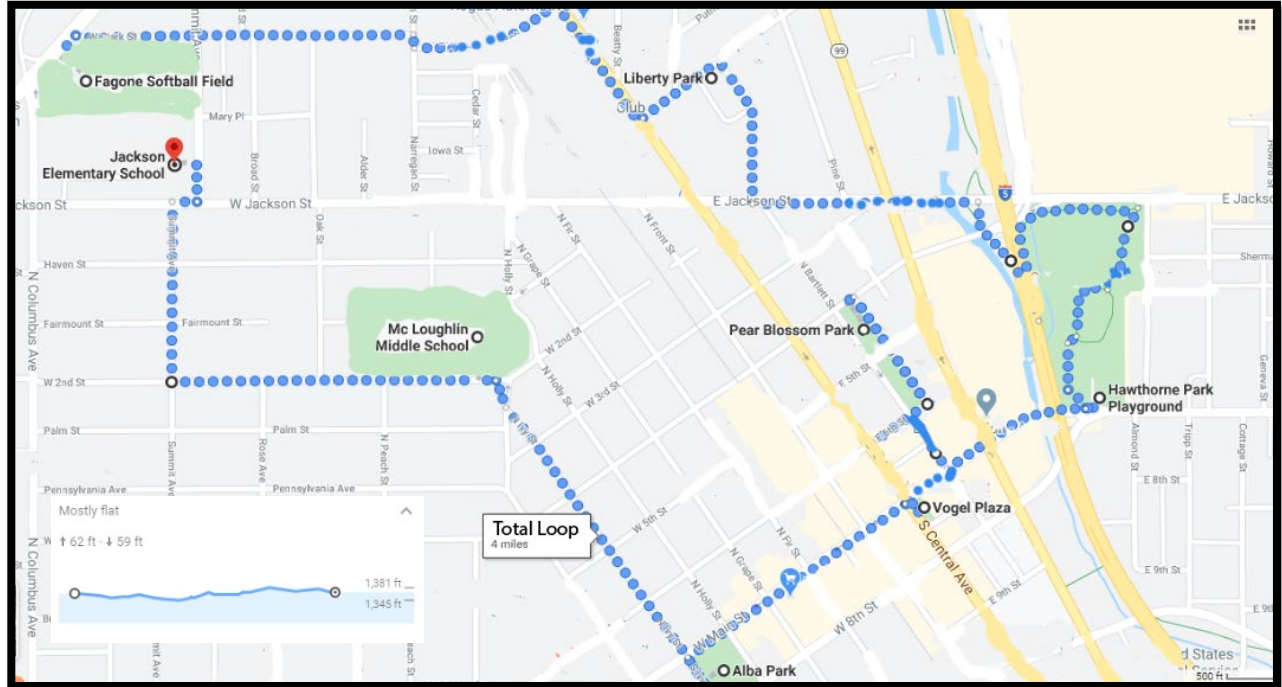




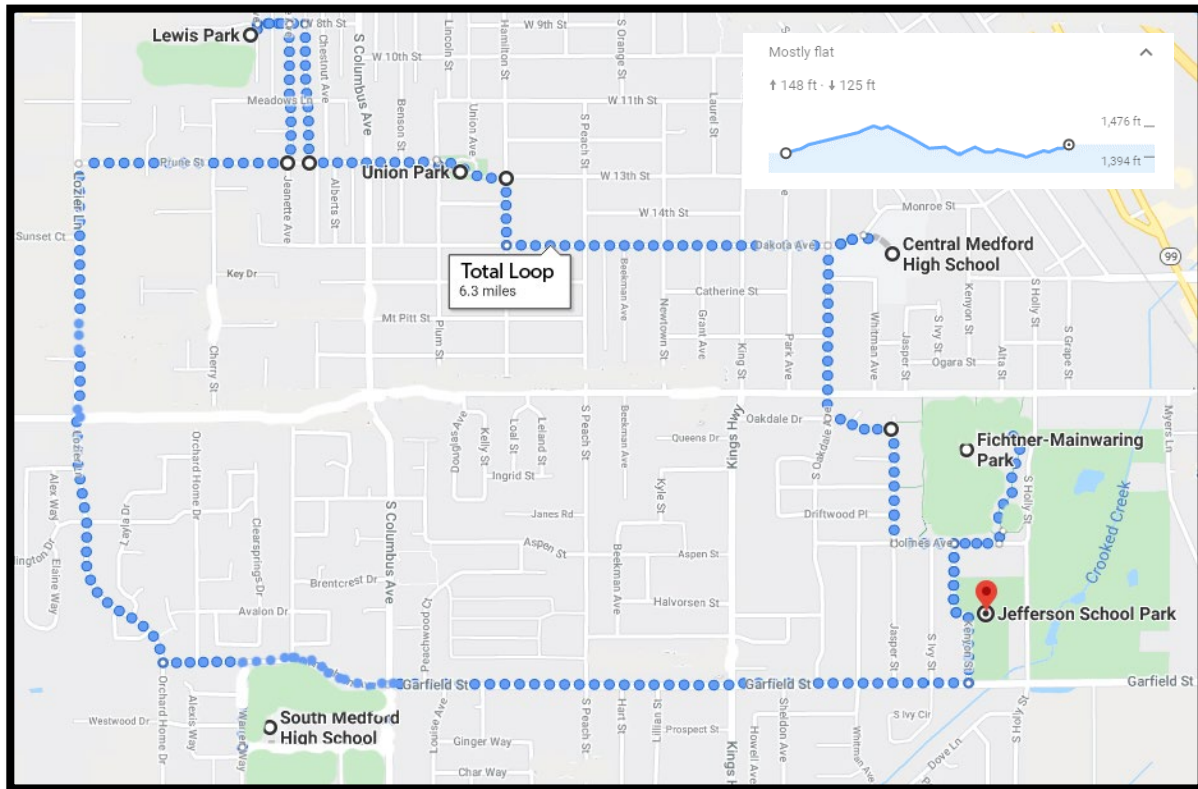
DOWNTOWN MEDFORD LOOP – Easy (4 miles)



1. Start at Jackson Park on *Summit Avenue*
2. Bike to Liberty Park via *Clark Street, Central Avenue and Maple Street*
3. Bike to Hawthorne Park via *Bartlett Street and Jackson Street*
4. Bike to Pear Blossom Park via *Main Street and Middleford Alley*
5. Bike to Vogel Plaza via *Middleford Alley and Main Street*
6. Bike to Alba Park via *Main Street*
7. Bike to Jackson Park via *Ivy Street, Second Street and Summit Avenue*



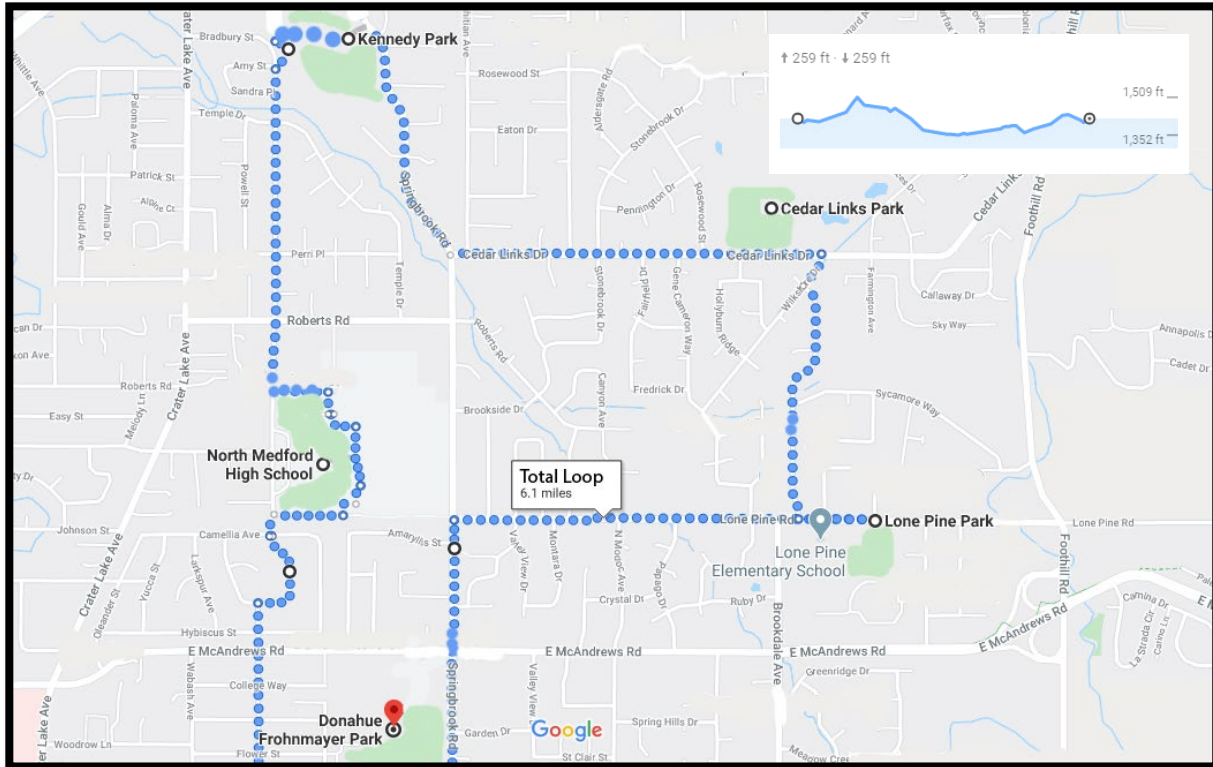
SW MEDFORD LOOP– Easy (6.3 miles)



1. Start at **Fichtner Mainwaring Park**
2. Bike south to **Jefferson School Park** via *Kenyon Street*
3. Bike west to **South Medford High School** via *Garfield Street*
4. Bike north to **Lewis Park** via *Cunningham Ave, Lozier Lane, Prune Street, Jeanette Ave and 8th Street*
5. Ride to **Union Park** via *8th Street, Chestnut Avenue and Prune Street*
6. Ride to **Fichtner Mainwaring Park** via *Hamilton Street, Dakota Avenue, Oakdale Avenue and Jasper Street*



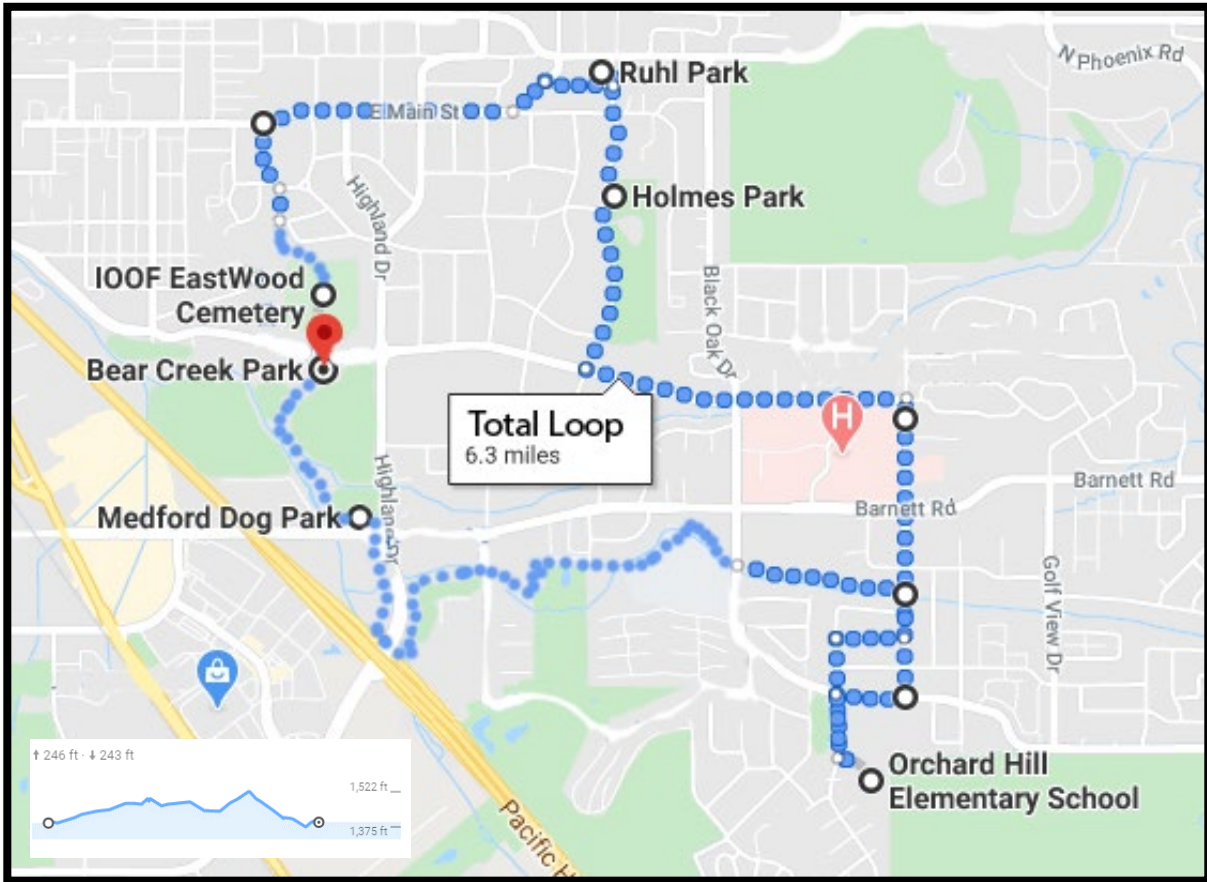
North Medford Loop – Moderate (6.1 miles)



1. Start at Donahue Frohnmayer Park
2. Bike to Lone Pine Park via
Springbrook Road and Lone Pine Road
3. Bike to Cedar Links Park via *Kerrisdale Ridge Drive*
4. Bike to Kennedy Park via
Cedar Links Drive and Springbrook Road
5. Bike through Kennedy Elementary School
6. Bike to Donahue Frohnmayer Park via
Keene Way and Spring Street.



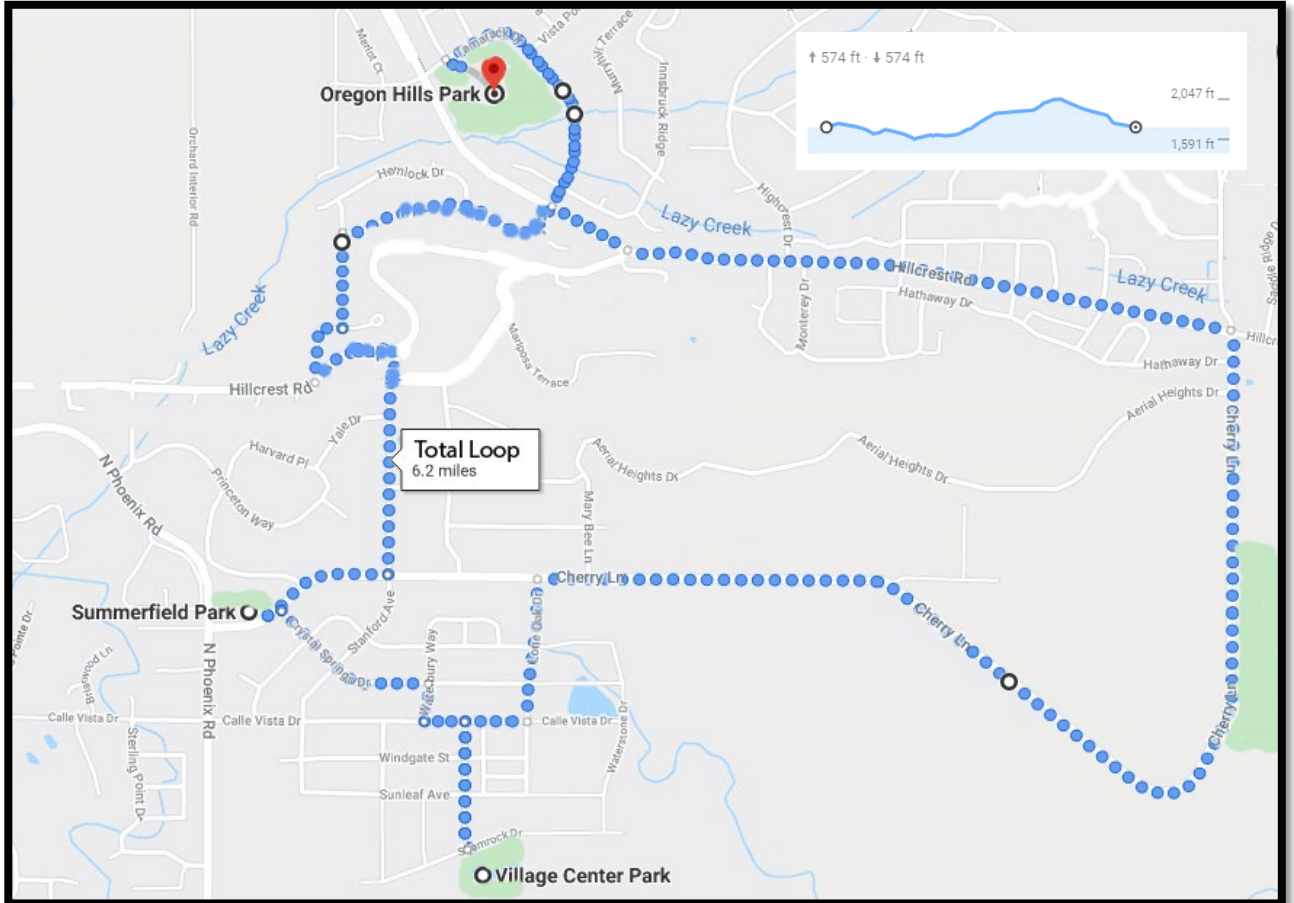
CENTRAL MEDFORD LOOP – Moderate (6.3 miles)



1. Start at **Bear Creek Park**
2. Bike to Orchard Hill Park via *Bear Creek Greenway, Larson Creek Greenway and Murphy Road*
3. Bike to Holmes Park via *Murphy Road, Siskiyou Boulevard and Modoc Avenue*
4. Bike to Ruhl Park via *Modoc Avenue*
5. Bike to Eastwood Cemetery via *Modoc Avenue, East Main Street and Eastwood Drive*
6. Bike to **Bear Creek Park** via *Siskiyou Boulevard*



SE MEDFORD LOOP – Difficult (6.2 miles)



1. Start at Oregon Hills Park
2. Ride to Summerfield Park via *Tamarack Drive, East McAndrews Road, Hillcrest Avenue, Stanford Avenue and Cherry Lane*
3. Ride to Village Center Park via *Crystal Springs Drive and Lone Oak Drive*
4. Ride to Oregon Hills Park via *Lone Oak Drive, Cherry Lane, Hillcrest Road and Tamarack Drive*