

## PRESCOTT PARK CHALLENGE COURSE

The City of Medford contracted with Oregon-based Synergo to design, construct and manage a challenge course at Prescott Park. Synergo is a fully accredited member of the Association for Challenge Course Technology (ACCT) that operates eight outdoor recreational facilities in Oregon and Washington.

Synergo works with groups, teams, organizations and companies to reach specific, pre-determined outcomes through activities both on and off the challenge course. Each program is custom designed to meet the goals and needs of each group.

The Prescott Park Challenge Course must be reserved through Synergo. All facility usage must be supervised by a certified Synergo facilitator. Course facilitators are extensively trained to take every measure possible to reduce the risk involved with utilizing a challenge course and amenities. For reservations, contact Synergo at 503-746-6646 or [info@teamsynergo.com](mailto:info@teamsynergo.com).

### FACILITATION PRICING (ONE-DAY PROGRAM – UP TO 7 HOURS)

**Non-profit organizations** (schools, churches, sports teams, etc.):

- o \$600 per facilitator, and a site use fee

**Corporate Groups:**

- o \$600-1,200 per facilitator, and a site use fee
- ☆ Prices are ultimately determined by the size of the group and the complexity of the facilitation assignment.
- ☆ One facilitator for up to 15 participants
- ☆ Maximum group size: 60

### THE FOLLOWING PRINCIPLES GUIDE OUR WORK AS FACILITATORS:

- People learn best by doing
- People learn when they are challenged by their surroundings, the events, or the problems they face
- Challenges push people outside of their comfort zone toward their learning edge. This requires them to grow and learn.
  - Carefully directed facilitation can help people learn from the challenges they face.
  - People learn only what they are ready to learn, even if they do not know what that is.

*The facilitator's role is to help groups reach specific outcomes, such as leadership, teamwork, communication, trust, support, and self-confidence through activities on and off the challenge course.*

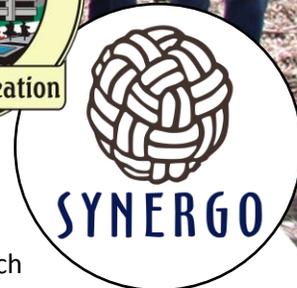




## GENERAL INFORMATION

### ABOUT THE CHALLENGE COURSE EXPERIENCE;

The group may participate in low challenge course elements, which are 2-3ft. off of the ground and designed to create a greater sense of trust, cooperation, willingness to take positive risks, and to develop leadership skills. Those who choose it may also have the opportunity to participate on high elements, which are 30-40 ft. off the ground. These elements offer the opportunity for individuals to challenge themselves emotionally and physically, moving past the limits they place on themselves. While participating on the low elements participants will be "spotted" by each other and on the high elements they will be in a harness attached to a belay system. Participants are offered a range of challenging participation options for each activity. There will be ample opportunities to participate in crucial aspects of each activity that do not require leaving the ground.



Check out our facilitation video for more in-depth information about what we do

<http://www.youtube.com/watch?v=fyQMkbRLM8M>

## FAQ's

### HOW MANY PEOPLE CAN PARTICIPATE?

A lot! Synergo has organized and led programs for up to 200 participants. The course at Prescott Park can accommodate groups of up to 60 people. The availability will depend on if there are other small groups already scheduled on the course and facilitator availability. We will schedule 1 facilitator for every 10-15 participants (and charge per facilitator). These small groups allow for the best opportunity for each group member to have their voice heard and be able to actively participate in the activities.

### HOW SAFE IS THIS?

While it is inaccurate to tell people that the challenge course is "safe," we take every measure possible to reduce the risk involved. The construction and operation of our challenge course meets or surpasses the Association for Challenge Course Technology's (ACCT) standards. The course was designed and installed by Synergo; a Professional Vendor Member (PVM) of ACCT. Synergo also provides the training for our facilitators and completes our periodic course inspections. Daily inspections of the course and all equipment are done by the facilitators prior to use.

The facilitators working with your group will all have at least a Level 1 Challenge Course certification, which aligns with the ACCT Practitioner Certification Standards. Synergo has been reviewed and accredited to offer these certifications as an ACCT Professional Vendor Member.

### HOW LONG WILL THE PROGRAM LAST?

We typically recommend that groups schedule their program to last 6-7 hours with a break for lunch. If a shorter program is necessary, we can work with the group to create a program that fits with their schedule. This timeframe works well with all of the logistics that are involved in facilitating an effective challenge course program.

## **THERE ARE SOME PEOPLE IN OUR GROUP AFRAID OF HEIGHTS OR NOT AS PHYSICALLY FIT - HOW WILL THEY PARTICIPATE?**

We will design a program and day that provides opportunities for everyone to be engaged, supported and give each person a chance to step outside of their comfort zone at the appropriate level for them.

## **HOW DO I PAY FOR THE PROGRAM:**

We will send you an email invoice after your program date. If you need the invoice before, or if e-mail is not preferred, please let us know. We accept Amex, Visa, Mastercard and checks.

## **WHAT RESTRICTIONS DO YOU HAVE AROUND AGE/WEIGHT/HEALTH?**

Participants should be relatively physically fit and be able to walk unassisted on a variety of terrains and surfaces as well as be able to follow instructions and directions given by the facilitators.

People with serious medical conditions should check with their doctor before participating. We are not able to accommodate pregnant women on the challenge course. The lead facilitator has the right to limit your participation if they are concerned about your physical well-being.

In general, participants should be between 60 and 300 pounds, but more importantly is whether the equipment fits properly. If the harness and helmet does not fit the participant, they will not be permitted to use the high elements of the challenge course. If special arrangements are made in advance, we may be able to provide equipment to fit smaller children.

Other considerations when scheduling groups of young children:

- May have difficulty climbing
- May not be able to use the group belay
- Short attention span

## **DO YOU OPERATE THE CHALLENGE COURSE IN THE RAIN?**

Yes! We operate in most weather conditions and will make every effort to complete your program as scheduled. If there is lightning or high winds that create unsafe conditions, we will need to suspend and potentially cancel your program. Please do your best to prepare the participants to dress well for the rain/cold and wear closed toed, tight shoes.

## **DO I NEED A SIGNED WAIVER?**

Yes! In order to participate, each person needs to sign our Participant Agreement Form. Adventure activities involve hazards and risks which are outlined in this form. A link to this form can be found on Synergo's website and each person participating will need to complete and sign it. Those under the age of 18 will need to have a parent or guardian signature as well.

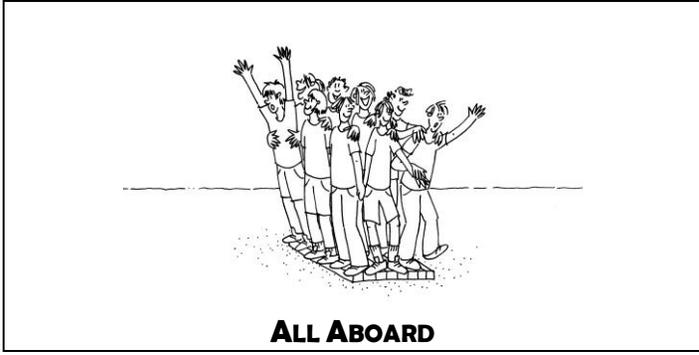
## **WHAT SHOULD I BRING/WEAR?**

Wear comfortable clothing. If wearing shorts, the harness will be more comfortable if the shorts come down to at least mid-to lower-thigh. Closed-toed, secure shoes are necessary. If your hair is shoulder length or longer, bring a hair tie. Please remove dangling jewelry prior to participating. Bring a full water bottle.

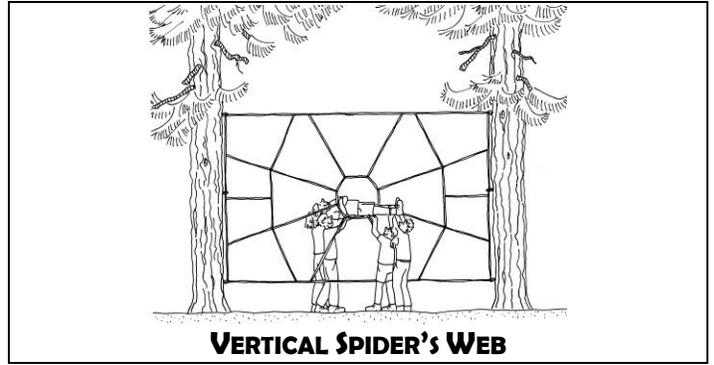
## **CANCELLATION POLICY**

Synergo requires a 10 day notice for program reschedules or cancellations. If your program is cancelled and not rescheduled we will invoice you 20% of your program cost

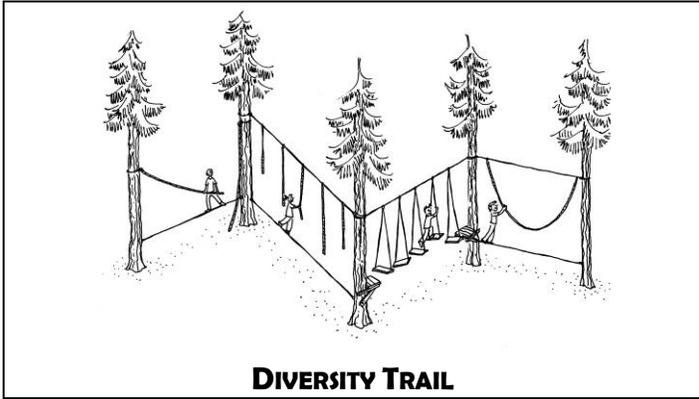
# LOW ELEMENTS



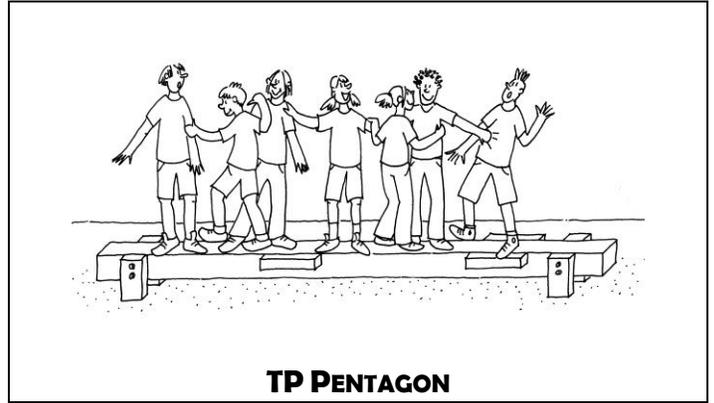
**ALL ABOARD**



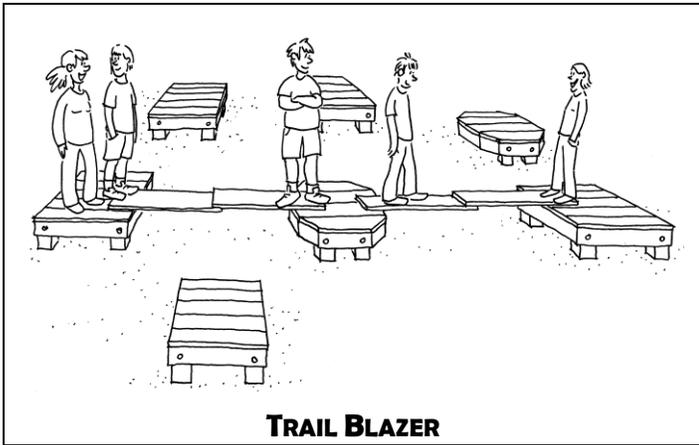
**VERTICAL SPIDER'S WEB**



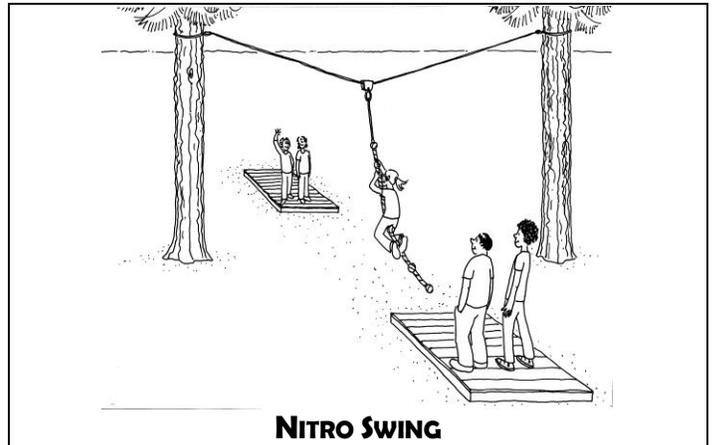
**DIVERSITY TRAIL**



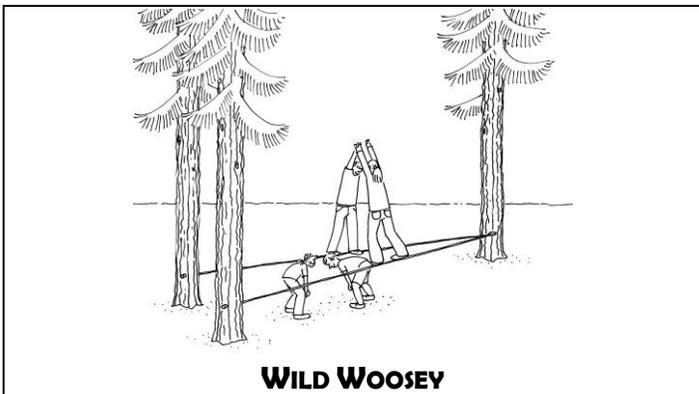
**TP PENTAGON**



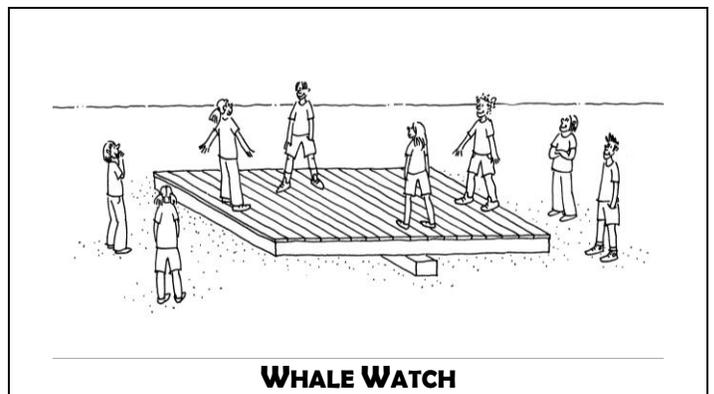
**TRAIL BLAZER**



**NITRO SWING**

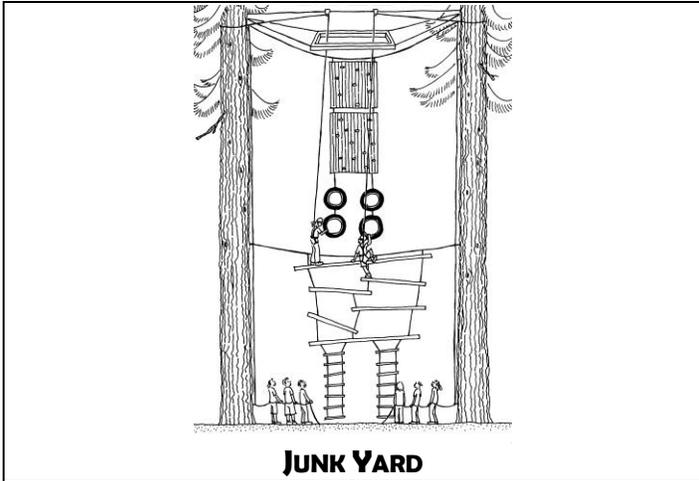


**WILD WOOSY**

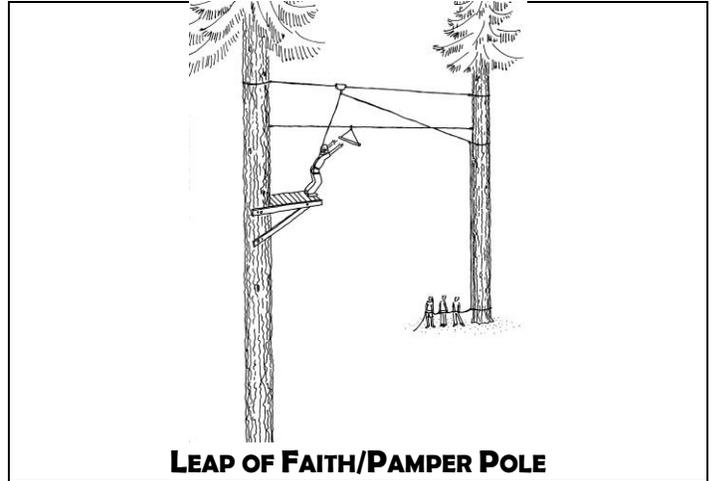


**WHALE WATCH**

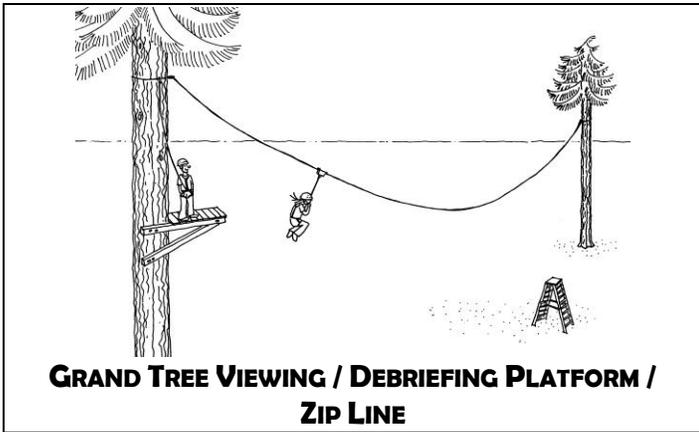
# HIGH ELEMENTS



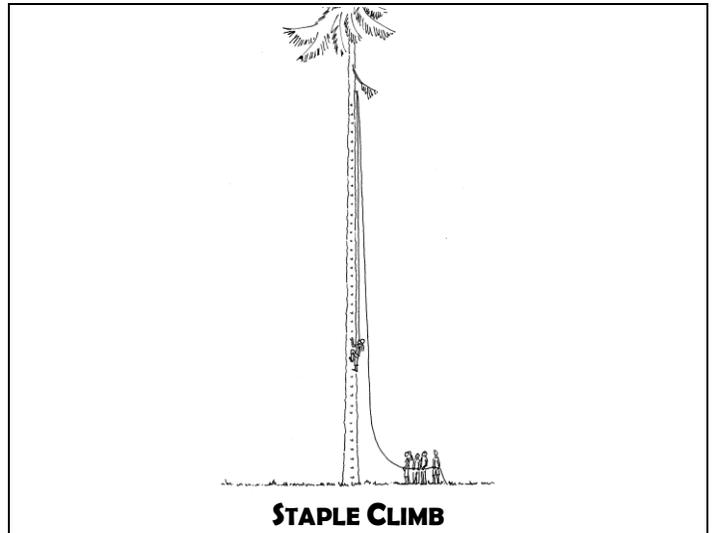
**JUNK YARD**



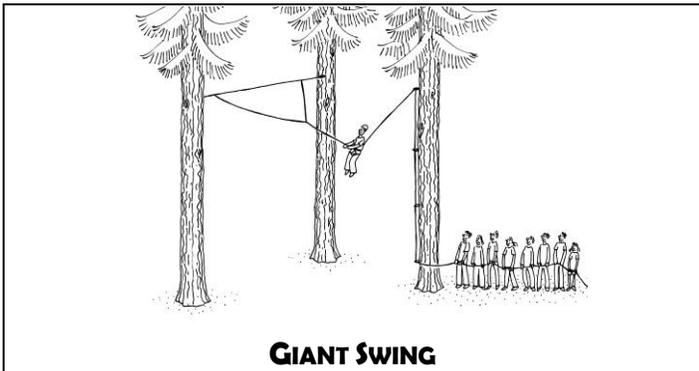
**LEAP OF FAITH/PAMPER POLE**



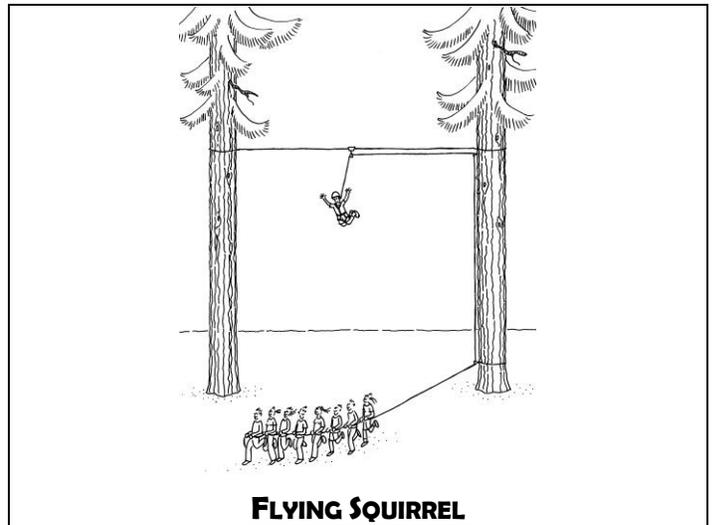
**GRAND TREE VIEWING / DEBRIEFING PLATFORM /  
ZIP LINE**



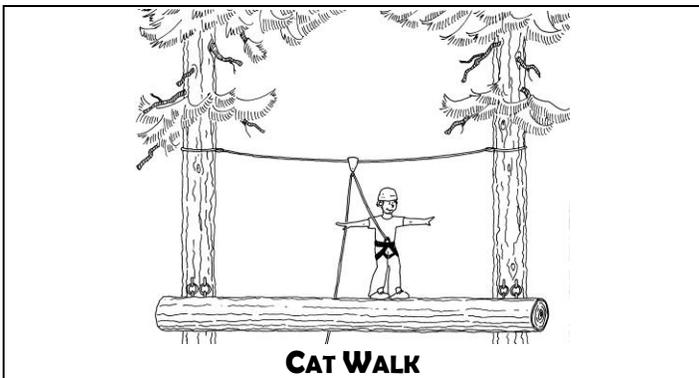
**STAPLE CLIMB**



**GIANT SWING**



**FLYING SQUIRREL**



**CAT WALK**