

# & PARKS & RECREATION

## WINTER/SPRING 2016

KIDS

FAMILIES

ADULTS

EVENTS

AQUATICS



## DANCE WITH YOUR STARS

DADDY-DAUGHTER DINNER DANCE - P. 29  
MOTHER-SON SUPERHERO DANCE - P. 29



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## DIRECTOR'S MESSAGE

BRIAN SJOTHUN | PARKS & RECREATION DIRECTOR | CITY OF MEDFORD

Dear Medford,

The City of Medford completed a successful renovation of Hawthorne Park this past fall. We want to thank all who embraced this renovation and the many new features the park offers. With the expanded play structures, splash pad, dog parks, basketball and futsal courts, paths and lighting throughout the park this community resource has seen increased positive activities. We look forward to the coming warmer months when the largest splash pad in the park system is running and full of children and families.

There are a few other park improvement projects that will be completed during the first half of 2016 in order to improve your experiences:

- Holmes Park - New tennis court surfacing along with an improved picnic shelter.
- Path Renovations - Repairs to walking paths within Bear Creek Park.
- Master Plan Updates - Completion of updated master plans for both Donahue-Frohnmayr and Howard Parks.
- Prescott Park Trails Project - Land-use approvals to move forward with the construction of Phase I and II trails.
- Turf Replacement - Replacement of high traffic areas at U.S. Cellular Community Park.

- Leisure Services Plan Update - The completion of this plan will shape the future of parks and recreation services to Medford for the next decade.
- Jackson Aquatic Center - Improvements are scheduled for the boiler and roof in order to keep this facility operational as the only public pool in Medford.

The department will also be updating our Strategic Plan in order to better serve the community and users of parks and programs. As we move through this update, I can share that the department will continue to provide services via our established core values:

- Innovation
- Community Enrichment
- Exceptional Customer Service
- Excellence

The Medford Parks and Recreation Department - Creating Healthy Lives, Happy People and a Strong Community.

Sincerely,  
Brian Sjothun, CPRP  
Director

# REGISTER & PAYMENT

Pre-registration with payment is required for all activities, except where noted.

 **Online:** Playmedford.com Click the link for 'Register Now'. Pay by credit card

 **Walk-in:** Santo Community Center, Medford Parks & Recreation Dept.

 **Mail:** 701 N. Columbus Ave. Medford, OR 97501  
Do not mail cash!

 **Phone:** Call 541.774.2400 Pay by credit card

 **Fax:** Send to 541.774.2560 Pay by credit card

Receipts are mailed or emailed to you for phone, fax and mail registrations

 **Checks & Money Orders:** Payable to City of Medford

 **Cash:** In-person only

 **Cards:** Debit, Visa or Mastercard

 **Scholarships & Gift Certificates:** Ask us about available options!

**Cancellations & Refunds:** Submit requests during normal business hours.

## MPRD CLASS SCHOLARSHIPS

Youth scholarships for select Medford Parks & Recreation classes are available for Medford residents or students who attend 549C schools. These scholarships are made possible by the Medford Parks and Recreation Foundation.

## MANERAS DE REGISTRAR

**Teléfono:** Llámenos al 541-774-2400 y pague con Visa / Mastercard.

**Online:** Visita [www.playmedford.com](http://www.playmedford.com) donde se puede registrar y pagar con Visa / Mastercard.

**En persona:** Visitenos en el Santo Center (701 N. Columbus Ave, Medford, OR 97501) Donde el pago se puede hacer con Visa, MasterCard, dinero en efectivo o cheque.

Se requiere el pago en el momento que se registra para una clase. No podemos guardar el espacio para los que no pagan en el momento de la inscripción.

## INSTRUCTORS WANTED!

Instructors are essential in our Department's efforts to meet the lifelong learning and recreational needs of Medford citizens. Contact recreation supervisor Sue McKenna at 541.774.2484 if you'd like to propose or lead a class or program. MPRD is always seeking competent instructors in a variety of subjects and disciplines.

**NOW AVAILABLE**



**Smoothie or Granita** **Also by the scoop!**

**PROTEIN VANILLA WHEY PROTEIN POWDER**

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# WINTER/SPRING AT A GLANCE!

## IMPORTANT DATES & EVENTS

### JANUARY

2	Coach Mac Basketball Clinic .....	Orchard Hill Gym, 10am
4	Adult Volleyball League .....	Registration deadline
11	Adult Soccer League .....	Registration deadline
13	Winter Youth Indoor Soccer .....	Registration deadline
15	Adult Basketball League .....	Registration deadline
21	Winter Little Hoopsters .....	Registration deadline
21	Bubble Soccer League .....	Registration deadline
22	Parent's Night Out.....	Santo Community Center, 6pm
23	Coach Mac Basketball Clinic .....	Orchard Hill Gym, 10am
29	Adult Kickball League .....	Registration deadline
29	Daddy Daughter Dinner Dance.....	Registration deadline

### FEBRUARY

6	Coach Mac Basketball Clinic .....	Orchard Hill Gym, 10am
13	Coach Mac Basketball Clinic .....	Orchard Hill Gym, 10am
19	Parent's Night Out.....	Santo Community Center, 6pm

### MARCH

5	Kids' Garage Sale.....	Santo Community Center, 9:30am
9	NFL Flag Football League .....	Registration deadline
11	Parent's Night Out.....	Santo Community Center, 6pm
12	MLB Pitch, Hit & Run Competition .....	U.S. Cellular Community Park, 3pm
19	MLB Pitch, Hit & Run Competition .....	U.S. Cellular Community Park, 3pm
21-24	Spring Break youth tennis clinics.....	Bear Creek Park tennis courts
21-25	Spring Break Day Camp .....	Santo Community Center
30	Spring Youth Indoor Soccer .....	Registration deadline
31	Spring Little Hoopsters .....	Registration deadline

### APRIL

1	Youth football clinic .....	U.S. Cellular Community Park, 6pm
8	Youth football clinic .....	U.S. Cellular Community Park, 6pm
18	Swim Lessons .....	First day to register for Summer swim lessons
22	Parent's Night Out.....	Santo Community Center, 6pm
30	Arbor Day Event .....	Coyote Trails Nature Center, 11am



# DISCOVERY PRESCHOOL

MEDFORD PARKS & RECREATION

## DISCOVERY PRESCHOOL

Our learn-through-play curriculum promotes a love of learning in your child's introduction to a classroom setting. Director Lisa Logston and our experienced instructors incorporate circle time, songs, stories and creative play into the daily routine with emphasis on numbers, letters, reading and writing. *No class on Jan 1, Jan 18, Feb 15, Mar 21-25, May 30.*

Age: 3-5 (must be potty trained)  
 Days: 2 or 3 day options:  
 M/W/F mornings OR afternoons  
 T/Th mornings

Place: Discovery Preschool, Santo Center  
 Times: Morning Program: 9:30am-12:30pm **(WAITLIST)**  
 Afternoon Program: 1-4pm

Sessions:	M/W/F   Res/Non Res	T/Th   Res/Non Res
Jan (4 weeks)	\$160/\$166	\$108/\$114
Feb (4 weeks)	\$160/\$166	\$108/\$114
Mar (4 weeks)	\$160/\$166	\$108/\$114
Apr (4 weeks)	\$160/\$166	\$108/\$114
May (4 weeks)	\$160/\$166	\$108/\$114



## DISCOVERY PRESCHOOL EXTENDED CARE

If you are looking for an all-day preschool program, be sure to add extended care for your student. The program allows us to reinforce many of the lessons and skills learned during preschool while having more fun playing, creating and being silly.

Day: Open all school days      Place: Discovery Preschool, Santo Center

Morning Care (8-9:30am)					
	Jan 4 wks	Feb 4 wks	Mar 4 wks	Apr 4 wks	May 4 wks
2 day:	\$32	\$32	\$32	\$32	\$32
3 day:	\$48	\$48	\$48	\$48	\$48
5 day:	\$80	\$80	\$80	\$80	\$80

After Care (12:30-5pm)					
	Jan 4 wks	Feb 4 wks	Mar 4 wks	Apr 4 wks	May 4 wks
2 day:	\$48	\$48	\$48	\$48	\$48
3 day:	\$72	\$72	\$72	\$72	\$72
5 day:	\$120	\$120	\$120	\$120	\$120

## TOT SPORTS SAMPLER

Designed for young children as an introduction to soccer, baseball/softball and basketball. All three sports are "sampled" in an hour under the tutelage of our experienced sports clinic specialist! Includes clinic t-shirt. All equipment is provided.

Age: 3-5  
Day: Sun  
Date: **Session 1: Feb 7-28 (Skips Feb 14th)**  
**Session 2: Mar 6-20**  
**Session 3: Apr 10-24**  
Time: 5-6pm  
Place: Santo Center, Main Hall  
Cost: \$25 Residents | \$31 Non-Residents  
Limit: Min 4 | Max 12



## SPRING BREAK CAMP

Spend your vacation with old friends and new at our Spring Break camp. Campers engage in a variety of new activities daily including games, sports, crafts, playing in the park and in our bounce houses. With different themes and contests each day, campers will have a blast! **Registration requires payment in full to secure a spot in the program.**

Grades: 1st-6th (Ages 6-12)  
Dates: Mar 21-25  
Times: 9am-5pm  
Location: Santo Community Center  
Cost: \$85

*Drop off as early as 7:30am and pick up as late as 6pm for an additional cost (see below)*

## SPRING BREAK EXTENDED CARE

AM Care: 7:30-9am \$10/week  
PM Care: 5-6 pm \$15/week

## PARENT'S NIGHT OUT

Enjoy a night on the town while your children bounce, create and play at the Santo Center. Children receive a pizza dinner, time in the bounce houses, a chance to do crafts and watch an age-appropriate movie.

Age: 4-12  
Day: Fri  
Dates: Jan 22 | Feb 19 | Mar 11 | Apr 22 | May 20  
Time: 6-10pm  
Cost: \$15 per night / per child  
Limits: Max 24



## MLB PITCH HIT & RUN COMPETITION

Major League Baseball Pitch Hit & Run is a FREE exciting competition providing boys and girls the opportunity to compete at the local, regional and national levels. Winners of this local event qualify for the sectional competition (*location and time TBD*). No experience necessary; bring a birth certificate to verify age. No cleats allowed. Pre-register at [www.mlb.com/phr](http://www.mlb.com/phr) or on site the day of the event.

*Participants may only compete on one of the two days.*

Age: 7-14  
Day: Sat  
Date: Mar 12 **OR** Mar 19  
Time: 3pm  
Place: U.S. Cellular Community Park - Field 6  
(300 Lowry Lane)  
Cost: FREE



## BIRTHDAY PARTIES

(Ages 2-8)

The basic party rental includes tables/chairs, a jump house, an inflatable playground for younger attendees, sport toys and floor games. *Note: Refund requests require 14-day notice.*

Place: Santo Center - Main Hall

## SANTO BASIC PARTY RENTAL

Basic package includes two jump houses, sports toys and games.

Length:	2 hrs	3 hrs
Maximum Guests:	40	40
Cost:	\$99	\$138

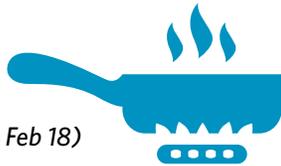
## JOIN THE 'MAC' MEDFORD ADVENTURE CLUB!

These affordable programs expose children in 1st - 5th grade to new sports and activities in an effort to promote physical fitness, self-confidence and overall well-being. Participants develop new skills and challenge themselves in different ways each week.

Age: 6-10  
Days: Vary, 8 week sessions  
Cost: \$16 each

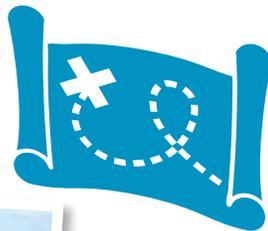
### MONDAYS: COOKING

Dates: Jan 25-Mar 14 (No class Feb 18)  
Time: 3-4pm  
Place: Santo Center



### WEDNESDAYS: OUTDOOR ADVENTURE CLUB

Dates: Mar 30-May 18  
Time: 2-5pm  
Place: Santo Center



### THURSDAYS: GOLF

Dates: Mar 31-May 12 (Every other week)  
Time: 3-4pm  
Place: Centennial Golf Course

### FRIDAYS: ARTS & CRAFTS

Dates: Jan 29-Mar 18  
Time: 3-4pm  
Location: Santo Center



- ✓ Driving Range
- ✓ Lessons for All Ages
- ✓ Open Year-Round
- ✓ 9-Hole, Par 36
- New! ✓ FootGolf!

### OAK KNOLL GOLF COURSE

3070 Highway 66, Ashland, 541.482.4311  
[www.OakKnollGolf.org](http://www.OakKnollGolf.org)

# MEDFORD PARKS BUGS R US

## BUGS R US PRESENTATIONS

Children under 12 must be with a parent; no charge for parents attending with children under 12. *Instructor: John Jackson.*

Ages: 3+  
 Days: Sat  
 Time: 1-2pm  
 Place: Santo Center  
 Cost: \$7 Resident | \$13 Non-Resident (Per class)  
 Limits: Min 5 | Max 40

### SPIDERS AND SCORPIONS

Those things of nightmares are explained in a positive way! Learn the differences between insects and arachnids and why spiders and scorpions are so important for humans and the environment. Body structures, venoms and different species are discussed. Includes hands-on time with live arachnids, including a tarantula, whip-scorpion, wood scorpion and preserved examples from all over the world. Visitors receive a spider ring and ID sheets for different species of spiders.

Date: Jan 23



### OWLS AND OWL PELLETS

Participants get "hands-on" with real owl pellets. Play detective with latex gloves, tweezers and magnifying glasses to find out what the owls have eaten. We discuss owls in the environment and the part they play in the food-web cycle. Includes hands-on time with a taxidermy barn-owl. Visitors keep whatever or whomever they find inside the pellets.

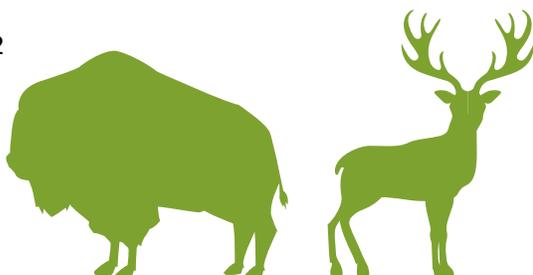
Date: Feb 20



### NATURAL HISTORY OF THE OREGON TRAIL

We cover the basics of the Applegate and Oregon Trails combined with the animals, plants and geology the settlers encountered. We discuss bison, elk, deer, quail and coyotes. Includes information about the landmark rocks and rivers and the importance of the bison to Native Americans and pioneers. Each student receives a detailed Oregon Trail historical map and a coloring page. *For ages 9-up.*

Date: Mar 12



### REPTILES & AMPHIBIANS

This program showcases live animals including a box turtle, a bearded dragon lizard and various frogs. Learn the differences between reptiles and amphibians, life cycles and the environment. Includes handouts for identification of local species.

Date: Apr 16



### BIRDS & BIRD NESTS

A fast-paced program highlighting local birds, how they live, their importance to the world and how they're built. Identify these feathered friends just by their sounds! The program includes examples of nests, feathers, bird calls, local bird trivia, a take-home bird ID sheet and instructions for making various bird houses.

Date: May 14



## YOUTH INDOOR SOCCER LEAGUES

Our flagship youth sports program — where many kids begin their soccer careers. This introductory league develops basic skills and teaches teamwork in a laid-back, recreational setting. Most of all, games are a hoot for the kids and families alike! Players receive an attractive jersey and a participation medal. Volunteers, usually parents, serve as team organizers.

Age: 4-5 | 6-8  
 Cost: \$35 Residents | \$41 Non-Residents  
 Limit: Min 24 | Max 108 per age group



## WINTER LEAGUE: Feb 6-Mar 12

Register by: Wed, Jan 13  
 Parents meeting: Wed, Jan 13 | 6pm  
 Coaches training: Wed, Jan 20 | 6pm  
 Meeting & Training Location: Santo Center, Main Hall  
 Practices: One weeknight (TBA)  
 Practice location: Santo or other sites  
 Games: Sat, as early as 9am  
 Game location: Santo Center, Gymnasium



## SPRING LEAGUE: Apr 23-Jun 4 (Skips May 28th)

Register by: Wed, Mar 30  
 Parents meeting: Wed, Mar 30 | 6pm  
 Coaches training: Wed, Apr 6 | 6pm  
 Meeting & Training Location: Santo Center, Main Hall  
 Practices: One weeknight (TBA)  
 Practice location: Santo or other sites  
 Games: Sat, as early as 9am  
 Game location: Santo Center, Gymnasium



## NFL FLAG FOOTBALL LEAGUE

Springtime is youth flag football season in the Rogue Valley! Join us for a fun-filled seven-game season emphasizing basic skill development and teamwork in a fun, laid-back atmosphere. This popular recreational league is an ideal way to introduce your child to organized football. Fee includes NFL-replica reversible jersey, flag belts, mouthpiece and two FREE preseason instructional football clinics. Visit [sportsmedford.com](http://sportsmedford.com) for more details.

Age 6-7 Max 120 Players  
 Age 8-9 Max 80 Players  
 Age 10-12 Max 80 Players



Registration Deadline: Wed, Mar 9  
 Parent meeting: Wed, Mar 9, 6pm, Santo Center  
 Coach training: Mar 16 & 23, 6 pm, Santo Center  
 Team meetings: Begin the week of Mar 28 at Santo Center  
 Practice: Begins the week of Apr 4 at city park sites (days and times TBD by head coaches)  
 Preseason clinics: Apr 1 & 8, 6-7:30pm, U.S. Cellular Community Park - Field 10  
 Games: Friday evenings at U.S. Cellular Community Park, Apr 15-Jun 3 (No games May 27)  
 Cost: \$52 Residents | \$58 Non-Residents

## YOUTH FOOTBALL CLINICS

The annual youth football clinic provides fun agility drills and fundamental football skills under the tutelage of seasoned high-school coaches and players.

Day: Fri  
 Date: Apr 1 & 8  
 Time: 6-7:30pm  
 Place: U.S. Cellular Community Park Field 10  
 Cost: \$5 per clinic, per child  
 Limit: Min 24 | Max 200





### JUNIOR GOLF LESSONS

Golf is a lifelong recreational activity, and there's no better place to start than at Centennial Golf Club's expansive practice facility. For beginning and intermediate skill levels. Receive instruction from a golf professional in all phases of the game, including course and golf shop etiquette. A limited number of "loaner" clubs available.

Age: 7-16  
 Day: Sat  
 Date: Session 1: Feb 6-20  
 Session 2: Mar 5-19  
 Session 3: Apr 9-30 (*Skips April 23*)  
 Time: 11-11:45am  
 Place: Centennial Golf Club, 1900 N Phoenix Hwy  
 Cost: \$42 Resident | \$48 Non-Resident  
 Limit: Min 6 | Max 10



### COACH MAC BASKETBALL CLINICS

Organized by Coach Brian McDermott and his SOU men's basketball players, these super-affordable, well-organized 90-minute clinics feature the perfect blend of small-group instruction. The focus is on fundamentals with a variety of age-appropriate individual and team-format games and contests.

Age: 5-14  
 Day: Sat  
 Session 2: Jan 2  
 Session 3: Jan 23  
 Session 4: Feb 6  
 Session 5: Feb 13  
 Time: 10-11:30 am  
 Place: Orchard Hill Elementary Gym  
 Cost: \$10 Resident (per clinic, per child)  
 \$16 Non-Resident (per clinic, per child)  
 Limit: Min 10 | Max 35



### LITTLE HOOPSTERS BASKETBALL PROGRAM

The perfect introduction to basketball for kids! Our proven format teaches the fundamentals of the game in a fun, recreational atmosphere. Games are played after group and individual instruction in dribbling, passing, shooting technique and defensive concepts. Each child receives a numbered reversible jersey and an end-of-season participation medal.

Age: 4-5 | 6-7  
 Day: Sun  
 Time: Ages 4-5: 1-2pm  
 Ages 6-7: 2:30-3:30pm  
 Place: Santo Center Gym  
 Cost: \$31 Residents | \$37 Non-Residents  
 Limit: Min 10 | Max 30 per age group



#### WINTER

Register by: Thurs, Jan 21  
 Parent Meeting: Thurs, Jan 21, Santo Center, 6pm  
 Play Dates: Jan 31-Mar 6

#### SPRING

Register by: Thurs, Mar 31  
 Parent Meeting: Thurs, Mar 31, Santo Center, 6pm  
 Play Dates: Apr 10-May 22 (*No clinic May 8*)



## YOUTH TENNIS DEVELOPMENT PROGRAM

Tennis is a great way for kids to have fun, get active and make friends. The program emphasizes the ABCs: Agility, Balance and Coordination skills and uses appropriate sized racquets, courts and balls. It has never been easier for kids to play, learn and have fun right away! Located at the Bear Creek Park Tennis Courts. Equipment is provided. *Instructor: Teresa Longmire; PTR Certified Tennis Instructor.*



### RED BALL 1 (Age 5)

The basic tennis strokes are taught in a fun positive learning environment using a Red Ball on a 36-foot court. The ABCs are emphasized with these players through fun exercises and games.

### RED BALL 2 (Ages 6-8)

This class focuses on all tennis strokes using the Red Ball on a 36-foot court. The ABCs are emphasized through fun, high-energy exercises and games along with rallying and point-play scenarios.

### ORANGE BALL (Age 9-10)

This class is appropriate for beginners to intermediate players using the Orange Ball on a 60-foot court. ABC skills are incorporated into exercises and games along with live-ball play and modified scoring.

### GREEN DOT BALL (Age 11-13)

This class is appropriate for beginners to intermediate players using the Green Dot Ball on a full court. ABC skills are emphasized with stroke and tactical development in live-ball play and scoring.

SPRING BREAK MORNING TENNIS PROGRAM TIMES						
Program	Age	Day	Date	Time	Cost: Res/Non-Res	
Red Ball 1   Session 1	5	Mon-Thurs	Mar 21-24	9-9:30am	\$5/\$11	
Red Ball 2   Session 1	6-8	Mon-Thurs	Mar 21-24	9:30-10:30am	\$5/\$11	
Orange Ball   Session 1	9-10	Mon-Thurs	Mar 21-24	10:45-11:45am	\$5/\$11	
Green Dot Ball   Session 1	11-13	Mon-Thurs	Mar 21-24	11:45am-12:45pm	\$5/\$11	

SPRING BREAK AFTERNOON TENNIS PROGRAM TIMES						
Program	Age	Day	Date	Time	Cost: Res/Non-Res	
Red Ball 1   Session 2	5	Mon-Thurs	Mar 21-24	3:30-4pm	\$5/\$11	
Red Ball 2   Session 2	6-8	Mon-Thurs	Mar 21-24	4:15-5:15pm	\$5/\$11	
Orange Ball   Session 2	9-10	Mon-Thurs	Mar 21-24	5:30-6:30pm	\$5/\$11	
Green Dot Ball   Session 2	11-13	Mon-Thurs	Mar 21-24	6:30-7:30pm	\$5/\$11	

## YOUTH TENNIS FUNDAMENTAL SKILLS

USPTA Professional Andris Olins at the Rogue Valley Country Club Tennis Center emphasizes the fun in tennis while working on proper technique, physical skills and the four mental edge skills necessary to succeed on and off the tennis court. A different stroke is taught each time followed by a game-based approach to reinforce the stroke.

Age: 8-15  
Days: Wed  
Dates: Session 1: Jan 13-Feb 17  
Session 2: Mar 30-May 4  
Time: 6-7pm  
Place: Rogue Valley Country Club Tennis Center  
2660 Hillcrest Rd  
Cost: \$59 Resident | \$65 Non-Resident  
Limit: Min 3 | Max 8



## LEARN TO ICE SKATE 3-5 & 6 AND OLDER

Beginning skaters will learn to be comfortable on the ice while gaining basic skating knowledge. All group lessons are 30 minutes followed by a 15 minute practice time.

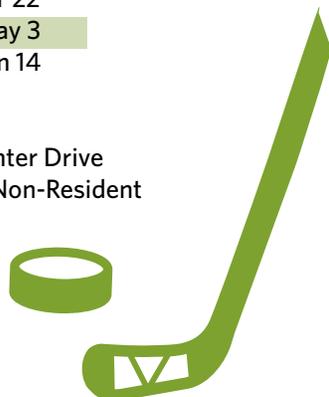
Date: Session 1: Jan 5-Feb 9  
Session 2: Feb 16-Mar 22  
Session 3: Mar 29-May 3  
Session 4: May 10-Jun 14  
Day: Tues  
Time: 5:15-6pm  
Place: The RRRink, 1349 Center Drive  
Cost: 3-5 yrs: \$69 Resident | \$75 Non-Resident  
6yrs-Adult: \$92 Resident | \$98 Non-Resident  
Limit: Min 1 | Max 10



## LEARN TO SKATE HOCKEY 6 AND OLDER

Beginning hockey skaters will learn to be comfortable on the ice while gaining basic skating knowledge. All group lessons are 30 minutes followed by a 15 minute practice time.

Date: Session 1: Jan 5-Feb 9  
Session 2: Feb 16-Mar 22  
Session 3: Mar 29-May 3  
Session 4: May 10-Jun 14  
Day: Tuesday  
Time: 6-6:45pm  
Place: The RRRink, 1349 Center Drive  
Cost: \$92 Resident | \$98 Non-Resident  
Limit: Min 1 | Max 10



## LEARN TO PLAY ICE HOCKEY

Participants need to learn to skate hockey before taking this class. Basic hockey skills; stopping, turning and skating backwards. Participants progress to hockey and puck skills; passing, shooting and game play objectives. Each registrant receives six FREE skate passes.

Date: Session 1: Jan 9-Feb 27  
Session 2: Mar 5-Apr 30 (No class March 26)  
Session 3: May 7-June 25  
Cost: \$90 Resident | \$96 Non-Resident  
Day: Sat  
Time: 12:30-1:15pm  
Place: The RRRink, 1349 Center Drive  
Age: 6+  
Limit: Min 1 | Max 10





## CHILDREN'S BALLET 1 – EARLY CHILDHOOD & YOUTH PROGRAMS

Students learn basic ballet moves, vocabulary and dances through creative movement, barre, stretching and games. No previous dance experience required. Advance registration required. *Instructor: Sarah Avery-Meyers.*

### EARLY CHILDHOOD PROGRAM

Age: 3-5  
 Day: Thurs  
 Date: Session 1: Jan 7-28  
 Session 2: Feb 4-25  
 Session 3: Mar 3-31 (No class March 24)  
 Session 4: Apr 7-28  
 Session 5: May 5-26  
 Time: 3:30-4:20pm or 4:30-5:20pm



### YOUTH PROGRAM

Age: 6-8  
 Day: Thurs  
 Date: Session 1: Jan 7-28  
 Session 2: Feb 4-25  
 Session 3: Mar 3-31 (No class March 24)  
 Session 4: Apr 7-28  
 Session 5: May 5-26  
 Time: 5:30-6:20pm  
 Place: St. Mary's High School Room 18  
 Cost: \$32 Resident | \$38 Non-Resident  
 Limit: Min 4 | Max 10

## KOREAN KARATE CLASSES

Are you looking for something new and fun to try for 2016? Hi yah! Tae Kwon Do is the answer! Check out these special seminars at our safe, family friendly environment.

Day: Sat  
 Time: 12-12:45pm  
 Place: Hi Yah! Tae Kwon Do,  
 4041 Crater Lake Ave. Suite H  
 Cost: \$6 Resident | \$12 Non-Resident  
 Limit: Min 1 | Max 10

## GOAL SETTING FOR GOOD GRADES MARTIAL ARTS STYLE

Learn how martial arts can teach you how to have a great school year. You'll learn the Five Magic Words of Respect, the Four Laws of Razor Sharp Focus, and how improve and maintain good grades while having tons of fun!

Date: Jan 30  
 Age: 5-14

## STRANGER DANGER

Focus on the do's and don'ts for dealing with strangers. We also teach some very easy self-defense techniques as well as how not to become a victim in the first place.

Date: Feb 27  
 Age: 5-15

## BULLY BUSTER

Build focus, self confidence, respect and much more to prevent bullying in the first place. We also teach easy and non-violent self defense techniques for dealing with school bullies.

Date: Apr 2  
 Age: 5-15

## BASIC INTRO TO MARTIAL ARTS

If you missed the seminars above, this class is for you. We cover aspects from all three seminars.

Date: Apr 30  
 Age: 5+  
 Day: Sat  
 Time: 12-12:45pm  
 Place: Hi Yah! Tae Kwon Do,  
 4041 Crater Lake Ave. Suite H  
 Cost: \$6 Resident | \$12 Non-Resident per session  
 Limit: Min 1 | Max 10

# MEDFORD PARKS & RECREATION PILLARS

## What We're Known For

### COMMUNITY ENRICHMENT

We provide opportunities for activities, life-long learning and stewardship of quality public spaces that enhance the lives of the community we serve. We work, so many can play.

### EXCELLENCE

We're laser focused and consistently challenge ourselves to perform every task at the highest level capable by each team member, inspired to do better and be better. We enlist national accreditation standards, which enable the department to implement best practices in all functions of the organization.

### EXCEPTIONAL CUSTOMER SERVICE

Our staff is empowered to make informed decisions and provide creative solutions for our customers. Many of these decisions are gained through experiences and creating a culture based on listening and balancing needs in order to exceed our customer's expectations.

### INNOVATION

The department encourages an organizational culture that values new ideas and is not afraid of change or a different way of doing things. We're nimble enough to move resources to meet the changing needs of our customers, community and staff.



PRESENTED BY THE CITY OF MEDFORD | [WWW.PLAYMEDFORD.COM](http://WWW.PLAYMEDFORD.COM)



## JAPANESE SHITO-RYU STYLE KARATE

Enhance character development through the practice of martial arts. The goal is to strengthen the body, sharpen the mind and enhance the spirit. For youth and adults. *Instructor: Sam Manuel.*



Day: Mon & Thurs

**BEGINNERS:** 5:30-6:30pm

Date:

Session 1: Jan 4-28

Session 2: Feb 1-25

Session 3: Feb 29-Mar 31 (no classes Mar 21-24)

Session 4: Apr 4-28

Session 5: May 2-26

**INTERMEDIATE/ADVANCED:** 6:30-7:30pm

Date:

Session 1: Jan 4-28

Session 2: Feb 1-25

Session 3: Feb 29-Mar 31 (no classes Mar 21-24)

Session 4: Apr 4-28

Session 5: May 2-26

Place: Santo Center

Cost: \$48 Resident | 54 Non-Resident

Limit: Min 4 | Max 15

## LOST BUT FOUND WILDERNESS SURVIVAL

A family program presented by the Search & Rescue Division of the Jackson County Sheriff's Department. In an area where outdoor activities are commonplace, getting lost in the wilderness is quite possible. Features a video presentation and discussions on wilderness survival techniques. Space is limited.

Age: All Ages (under 12 must be accompanied by an adult)

Day: Wed

Date: Session 1: Jan 20

Session 2: May 4

Time: 6-7pm

Place: Santo Center

Cost: FREE Pre-registration required

Limit: Min 4 | Max 15



## MEDFORD PARKS & RECREATION: CAPRA ACCREDITED

CAPRA accreditation assures the general public, policy makers and taxpayers that MPRD delivers a high level of quality and operates in accordance with industry standards of excellence. The City of Medford is only the second parks and recreation agency in Oregon and just the 109th in the country to earn the prestigious distinction. CAPRA certification is valid for five years. Benefits of going through the certification process are:

- Formalization of operational procedures.
- Creation or discovery of operational efficiencies.
- Sharpening of the department's focus on how to address community needs.
- Augmentation of funding solicitation and justification.



## PARTNER SPOTLIGHT: SOUTHERN OREGON HISTORICAL SOCIETY

**T**here's a jewel hidden in plain sight in downtown Medford - the Southern Oregon Historical Society's History Center at 106 North Central. The huge showcase windows on Central and 6th bring history into full view with changing exhibits featuring historic images and artifacts from the collections, including thousands of rare photographs, miles of film, and pages and pages from the past.

Open Tuesday-Friday from Noon to 4pm, the History Center has preserved Jackson County's past for decades. You'll find old railroad logging maps, oral histories of prominent citizens and everyday folk, pioneer diaries, local news reels, and photographs of familiar streets throughout the county.

On the fourth Saturday of each month, the History Center is transformed into a community conversation with the "Tales from the Collection" program featuring guest speakers and unusual artifacts from archives.

Just minutes away, between Jacksonville and Central Point, is the Historic Hanley Farm, established by Michael Hanley in 1857 and today owned and managed by SOHS. Hanley Farm is a magical place. Lovely garden spaces are shaded by century-old trees; fertile fields grow healthy food; and Bob the Peacock struts about, delighting all with his squawks and tail spreads.

History comes alive at Hanley Farm with events throughout the year, including a Garden Fair on Mother's Day, the Children's Heritage Festival in May, Living History Days in July, and Community Pizza Nights with music, craft beer and cob oven pizzas throughout the summer and early fall. Cooler weather brings the Scarecrow Festival, Wreath Making and Holidays at Hanley.

The Historic Hanley House is often open for docent-led tours during these special events.

Every year, SOHS develops a stunning free exhibition that draws thousands of visitors. In 2016, "Courage in the Golden Valley: Southern Oregon Chinese History" will run from February 6 through April 17 at the Rogue Valley Mall.

With artifacts, photographs, and research from both Jackson and Josephine counties, this exhibition retells the story of the Chinese experience through their own objects and voices. As visitors walk through the exhibition, they can pause to learn of Chinese labor and community in Southern Oregon and see spotlights on individuals. Interactive exhibit features help visitors connect with this unique story. The exhibition culminates with a portrait gallery featuring the faces and quotes of Chinese in southern Oregon today, sharing their own perspectives.

There's more! Catch the "Monthly Windows in Time" lectures at the Medford and Ashland Public Libraries on the first and second Wednesdays at Noon. And if you want to get out and get moving, Healthy History Hikes, Heritage Cemetery Days and Miles through History Roadtrips are new historian-led outreach events sponsored by SOHS.

Show your support for local history by becoming a member of the Southern Oregon Historical Society or volunteering to help preserve history. Better still, have fun with us, and come on by for a history event!

For more information stop in at the downtown Medford History Center at 106 North Central, visit [www.SOHS.org](http://www.SOHS.org), follow the Society on Facebook or sign up for the monthly e-newsletter. You can reach Southern Oregon Historical Society at 541-773-6536



For more information visit us at 106 North Central, Medford, Oregon 97520

Web: [www.sohs.org](http://www.sohs.org) | Phone: 541-773-6536

## CARDIO TENNIS

Want to play tennis and get into the best shape of your life? The Cardio Tennis program at the Rogue Valley Country Club Tennis Center is an affordable, six-week program for players of all skill levels. USPTA professional Andris Olins will send you through fun drills and games guaranteed to work up a sweat.

Age: 18+  
 Day: Wed  
 Dates: Session 1: Jan 13-Feb 17  
 Session 2: Mar 30-May 4  
 Times: 7-8pm  
 Place: Rogue Valley Country Club Tennis Center  
 2660 Hillcrest Rd  
 Cost: \$72 Resident | \$78 Non-Resident  
 Limits: Min 3 | Max 8

## ADULT GOLF LESSONS

Improve your golf game with our comprehensive player-development sessions at Centennial Golf Club. A golf professional helps fine-tune your skills at Centennial's expansive practice facility. Bring your own clubs. A limited number of rental clubs are available.

Age: 17+  
 Days: Sun  
 Dates: Session 1: Feb 6-20  
 Session 2: Mar 5-19  
 Session 3: Apr 9-30 (Skips April 23)  
 Time: Noon-1pm  
 Place: Centennial Golf Club, 1900 N Phoenix Hwy.  
 Cost: \$52 Resident | \$58 Non-Resident  
 Limits: Min 4 | Max 8



## VALLEY OF THE ROGUE NEW HORIZONS BAND

The Valley of the Rogue New Horizons Band welcomes concert band and instrumentalists. Most members are retired but the band welcomes all ages and home-school players. The band provides FREE performances throughout the year at retirement centers, community events and other non-profit venues. We're affiliated with the New Horizons International Music Association, Inc.

For more information, contact:  
 Lisa Thomas 541.857.6492 lthomasrv@gmail.com  
 Janice Johnson 541.821.0234 forst13@charter.net



## IDENTITY THEFT AWARENESS AND PREVENTION TIPS

This program addresses the risk of identity theft or fraud involving personal information. Understand how to protect your identity from criminals, get free credit reports and know what to do if your identity is stolen. *Instructor: Ron Kohl.*

Age: Adults  
 Day: Tues  
 Time: 6-8pm  
 Date: Jan 19  
 Place: Santo Center  
 Cost: \$12 Resident | \$18 Non-Resident  
 Limit: Min 5 | Max 20



## RESIDENTIAL SECURITY: PROTECT YOUR HOME

Enhance your awareness of potential avenues of vulnerability and how to prevent them. Learn how to protect your home and prepare it for your vacation from a retired police detective. Find out about burglary trends and how to thwart them. *Instructor: Ron Kohl.*

Age: Adults  
 Day: Tues  
 Time: 6-8pm  
 Date: Mar 22  
 Place: Santo Center  
 Cost: \$12 Resident | \$18 Non-Resident  
 Limit: Min 5 | Max 20





## PERSONAL SAFETY AND AWARENESS AT HOME, SHOPPING, WALKING AND IN YOUR VEHICLE **NEW!**

Raise your safety awareness and reduce your vulnerability, focusing on:

- Safety at home
- Safety using an ATM machine
- Safety in your vehicle
- Safety while traveling
- Safety while walking and or shopping



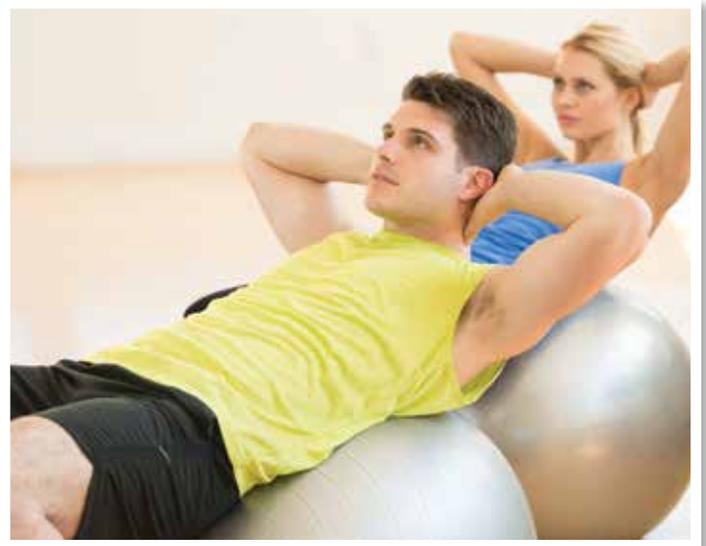
Presentation includes prevention methods, handouts and tips. *Instructor: Ron Kohl.*

Age: Adults  
 Day: Tues  
 Time: 6-8pm  
 Date: Apr 12  
 Place: Santo Center  
 Cost: \$12 Resident | \$18 Non-Resident  
 Limit: Min 5 | Max 20

## USING SWISS EXERCISE BALLS FOR STRETCHING AND STRENGTHENING **NEW!**

Learn a variety of exercises designed to tone and stretch your body while utilizing this great piece of fitness equipment. The stability ball improves your balance and core muscle strength. No ball required for class. *Instructor Brenda Prevedel, Certified Fitness Instructor.*

Age: Adult  
 Day: Sat  
 Date: May 7  
 Time: 9-10am  
 Place: Santo Center  
 Cost: \$15 Resident | \$21 Non-Resident  
 Limit: Min 5 | Max 15



## UNDERSTANDING THE INTERNET SAFETY TIPS **NEW!**

Understand how a computer works so you can make intelligent decisions. Find out what is "spam," learn email safety tips, how the Internet works, surfing safety tips for shopping online and much more.

*Instructor: Ron Kohl.*

Age: Adults  
 Day: Tues  
 Time: 6-8pm  
 Date: May 10  
 Place: Santo Center  
 Cost: \$12 Resident | \$18 Non-Resident  
 Limit: Min 5 | Max 20



## FRAUDS, SCAMS & CONS **NEW!**

There are a vast number of existing frauds, scams and cons with new ones that are foisted daily. Gain an understanding of the following:

- How scammers lure you.
- How mail, internet and telephones are used with safety tips provided.
- Learn how NOT to be a victim.
- What to do if you become a victim and how to report it.
- How to listen for key words scammers use that should alert you.
- Directions on how not to be afraid and how to be aware.
- How to handle scammers if you encounter them.

Age: Adults  
 Day: Tues  
 Time: 6-8pm  
 Date: Feb 16  
 Place: Santo Center  
 Cost: \$12 Resident | \$18 Non-Resident  
 Limit: Min 5 | Max 20





## BEGINNING PENCIL DRAWING FOR ADULTS

Get acquainted with the basic elements of drawing: shape, form, line and space. Learn the principles of contrast, rhythm and texture. Various methods and techniques of drawing are taught. Bring a newsprint 11 x 14 pad and HB pencil to the first class. Instructor will provide supply list at the first class. *Instructor: Tony Antonides.*

Age: Adult  
 Day: Tues  
 Date: Session 1: Jan 26-Mar 15  
 Session 2: Mar 29-May 17  
 Time: 1-2:30pm  
 Place: Santo Center  
 Cost: \$60 Resident | \$66 Non-Resident  
 Limit: Min 6 | Max 10

## FIT OVER 50 WORKSHOP

An exercise workshop for the "Boomer" population focusing on building muscle and bone strength and increasing balance and flexibility. You will learn exercises you can do at home on your own based on functional movements that preserve quality of life as we age. *Instructor: Brenda Prevedel, Certified Fitness Instructor.*

Age: Adult  
 Day: Sat  
 Date: Feb 20  
 Time: 9-10am  
 Place: Santo Center  
 Cost: \$15 Resident | \$21 Non-Resident  
 Limit: Min 5 | Max 15

## SAVVY SOCIAL SECURITY PLANNING FOR BABY BOOMERS

After being told Social Security is "going broke," Baby Boomers are realizing it's their turn to collect. The decision you make now can have a tremendous impact on the amount of benefits you receive later. This informative workshop covers the basics of Social Security and reveals strategies for maximizing your benefits.

*Instructor: Richard Todd, CRPC.*

Age: Adult  
 Day: Thurs  
 Date: Session 1: Jan 28  
 Session 2: Mar 31  
 Session 3: May 26  
 Time: 5:30-6:30pm  
 Place: Santo Center  
 Cost: \$6 Resident | \$12 Non-Resident  
 Limit: Min 4 | Max 15



## CERTIFYING CPR CLASSES

Earn an American Heart Association CPR card and be prepared to save lives under the tutelage of certified City of Medford Fire Department EMTs. Classes cover Adult CPR, Optional Child & Infant CPR, AED, Choking and First Aid. Pre-registration required. Not intended for healthcare professionals. Each person is required to buy or rent a book for the class. Book rental is included in the class fee, or purchase a book for \$15. Books must be picked up at the Santo Community Center prior to the class.

Age: 14+  
 Date: Session 1: Sat Jan 16 9am-Noon  
 Session 2: Sat Jan 30 9am-Noon  
 Session 3: Sun Feb 7 1-4pm  
 Session 4: Sat Feb 27 9am-Noon  
 Session 5: Sat Mar 5 9am-Noon  
 Session 6: Sun Mar 20 1-4pm  
 Session 7: Sat Apr 2 9am-Noon  
 Session 8: Sat Apr 23 9am-Noon  
 Session 9: Sat May 7 9am-Noon  
 Session 10: Sun May 22 1-4pm  
 Place: Medford Fire Station 6, 3700 Barnett Road  
 Cost: \$20 Resident | \$26 Non-Resident  
 Limit: Min 5 | Max 9



## BALLROOM, LATIN & SWING

Have fun, meet new people, exercise and learn to dance all at the same time! No experience, partner or fancy shoes required. *Instructor: Cori Grimm.*

Age: 12+  
 Day: Mon  
 Time: 6:45-7:40pm  
 Limit: Min 1 | Max 25



### BEGINNING: 6:45-7:35pm

Session 1:	Jan 11-25	Waltz
Session 2:	Feb 1-15	Swing
Session 3:	Feb 22-Mar 7	Tango
Session 4:	Mar 14-Apr 4	Foxtrot (No class March 21)
Session 5:	April 11-25	Night Club Two Step
Session 6:	May 2-16	Cha Cha

### INTERMEDIATE: 7:40-8:40pm

Session 1:	Jan 11-25	Viennese Waltz Routine
Session 2:	Feb 1-15	Waltz
Session 3:	Feb 22-Mar 7	Swing
Session 4:	Mar 14-Apr 4	Tango (No class March 21)
Session 5:	April 11-25	Foxtrot
Session 6:	May 2-16	Night Club Two Step

Place: Evergreen Ballroom,  
 6088 Crater Lake Ave, Central Point

### PER SESSION:

Cost: \$20 Resident | \$26 Non-Resident

### SEASON PASS:

Couple\*: All six Beginning Sessions Jan 11-May 16  
 Cost: \$120 Resident | \$126 Non-Resident  
 \*A couple is one leader, one follower.  
 Single: All six Beginning Sessions Jan 11-May 16  
 Cost: \$70 Resident | \$76 Non-Resident



## TAI CHI EASY BEGINNING

An introduction to the relaxing yet energizing health system from China. Slow graceful movements and focused breathing reduce stress, bring a sense of well-being and improve range of motion and balance. Tai Chi for all ages can be done sitting or standing. Wear loose clothing and warm socks. In consideration of all participants please don't wear cologne or perfumes to class. *Instructor: Michael Fansler.*

Age: 15+  
 Day: Wed

Date:	Session 1: Jan 13-Feb 3
	Session 2: Feb 10-Mar 2
	Session 3: Mar 9-30
	Session 4: Apr 6-27
	Session 5: May 4-25

Time: 9:30-11am  
 Place: Carnegie Building (Enter via 8th street)  
 Cost: \$30 Resident | \$36 Non-Resident  
 Limit: Min 4 | Max 15



## TAI CHI EASY INTERMEDIATE

For students wishing to deepen their Tai Chi Easy experience while refining the relaxed, fluid movements and sense of serenity. Previous Tai Chi experience is recommended but not required. Appropriate for people of all ages and physical conditions. Can be done sitting or standing. Wear loose clothing and warm socks. *Instructor: Michael Fansler.*

Age: 15+  
 Day: Thurs

Date:	Session 1: Jan 14-Feb 4
	Session 2: Feb 11-Mar 3
	Session 3: Mar 10-31
	Session 4: Apr 7-28
	Session 5: May 5-26

Time: 9:30-11am  
 Place: Carnegie Building (Enter via 8th street)  
 Cost: \$30 Resident | \$36 Non-Resident  
 Limit: Min 4 | Max 15

## STRETCHING WORKSHOP

Stretching is a great way to increase flexibility, improve mobility, reduce body aches and pains, improve posture and prevent injury. We cover how to stretch, teach a variety of stretches for various muscle groups and how to incorporate props. *Instructor: Brenda Prevedel, Certified Fitness Instructor.*

Age: Adult  
 Day: Sat  
 Date: Mar 19  
 Time: 9-10am  
 Place: Santo Center  
 Cost: \$10 Resident | \$16 Non-Resident  
 Limit: Min 4 | Max 15



## BEGINNING GUITAR

You'll learn guitar basics, chords, strumming, finger picking, reading guitar tab, and start to build a repertoire of participant-selected songs to play and sing with family and friends. What to bring: guitar, pencil, music stand. Please trim the nails of your left hand for ease in fingering chords. *Instructor: Mich Lewis.*

Age: 12+  
 Day: Wed  
 Date: Jan 20-Feb 24  
 Time: 1-2pm  
 Place: Santo Center  
 Cost: \$65 Resident | \$71 Non-Resident  
 Limit: Min 3 | Max 10



## RVTD TRANSIT TIPS!

Where does the bus stop?! What's a transfer?! Do I need one? How do I get one? What if I get on the wrong bus? Will I ever get back? How do I know when to get off the bus? How much does it cost? Do I need exact change? Where do I pay?! How do I tell the bus driver to stop? Can I bring my bike on the bus? Let us help you ride the bus! All your questions answered!

Age: 14+  
 Day: Fri  
 Date: Session 1: Jan 8  
 Session 2: Mar 11  
 Session 3: May 13  
 Time: 3-4:30pm  
 Place: Santo Center  
 Cost: FREE Pre-registration Required; plus you'll get a pass for six FREE rides!  
 Place: Santo Center  
 Limit: Min 10 | Max 20



## RVTD GO BY BIKE WEEK MAY 16TH-22ND **NEW!**

Log your bike trips into DriveLessConnect.com and enter to win prizes! Come to RVTD's fun events during the week like our Breakfast Stations for Cyclists, Bike Socials, and Bike Maintenance Workshops. For more information, visit [RVTD.org](http://RVTD.org) or [GoRogueValley.com](http://GoRogueValley.com).

## LEARN TO PLAY PICKLEBALL

A fun introduction to pickleball - a fast-growing sport for all ages that's easy to learn and play. The class emphasizes fundamental strokes, serving, rules of play and terminology. A limited number of "loaner" paddles available. *Instructor: Joel Heller.*

Age: 15+  
 Day: Tues  
 Dates: Session 1: Feb 2-23  
 Session 2: Mar 1-29 (No class Mar 22)  
 Time: 10-11am  
 Place: Feb: Santo Center  
 Mar: Fichtner-Mainwaring Park pickleball courts\*  
 (\*Upon inclement weather, meet at Santo Center)  
 Cost: \$25 per session | \$31 Non-Resident  
 Limits: Min 4 | Max 12  
 Note: Sessions may be combined based on demand

## PICKLEBALL FOR ADVANCED BEGINNERS/INTERMEDIATES

Take your pickleball skills to the next level by learning advanced strategies and techniques, angle shots, drop shots and teamwork concepts. Improve your "short game" in a fun, supportive environment. Bring your own paddle. *Instructor: Joel Heller.*

Age: 16+  
 Day: Tues  
 Dates: Session 1: Feb 2-23  
 Session 2: Mar 1-29 (No class Mar 22)  
 Time: 9-10am  
 Place: Feb: Santo Center  
 Mar: Fichtner-Mainwaring Park pickleball courts\*  
 (\*Upon inclement weather, meet at Santo Center)  
 Cost: \$25 per session | \$31 Non-Resident  
 Limits: Min 4 | Max 12  
 Note: Sessions may be combined based on demand

## DROP-IN PICKLE BALL

Bring your own paddle.

Age: Adults  
 Day: Tues, Thurs & Sun mornings  
 Time: 9am-Noon for all skill levels (Tues/Thur)  
 8-10 am for advanced players (Sun)  
 10am-Noon for all skill levels (Sun)  
 Date: Ongoing Gym closed on holidays; subject to cancellation without notice  
 Place: Santo Center Gym  
 Fee: \$2 drop-in fee



### WATERCOLOR FOR ADULTS

Fun with watercolor for beginners and patient intermediates. Explore different techniques and uses of watercolor and occasionally combine them with other media. Bring a #10 round watercolor brush (make sure it is a watercolor brush), a set of watercolor paints and a container for water. *Instructor: Sandy Saltonstall.*

Age: Adult  
Days: Wed  
Date: Jan 20-Mar 9  
Time: 6-8pm  
Place: Santo Center  
Cost: \$49 Resident | \$55 Non-Resident  
Limit: Min 5 | Max 15



### MOBILE PHOTOGRAPHY (SMART PHONES & TABLETS)

Get ready to hear how great your photos are! This workshop focuses on editing photos using the tools in your mobile device and via free photography apps. Mobile device required. (Data purchase for non-cellular devices encouraged.)

*Instructors: Nick Lango and Chris Folgate of Best Buy.*

Age: Adult  
Day: Thurs  
Date: Mar 17  
Time: 6-7:30pm  
Place: Santo Community Center  
Cost: \$6 Resident | \$12 Non-Resident  
Limit: Min 4 | Max 20



### MEDICARE 101

Learn the four parts of Medicare: A, B, C and D and discover how Medicare Advantage Plans and Supplements work. Gain tools to make informed decisions as to what kind of plan best meets your needs. Learn about a program that may help pay some or all of your Part B premium and most of your drug costs. *Instructor: Lisa Kirkland, Medicare Account Executive.*

Age: Adult  
Days: Thurs  
Date: Session 1: Jan 7  
Session 2: Feb 18  
Session 3: Mar 10  
Session 4: Apr 7  
Session 5: May 5  
Time: 2-3:30pm  
Place: Santo Center  
Cost: \$6 Resident | \$12 Non-Resident  
Limit: Min 4 | Max 10



### GET TO KNOW YOUR MOBILE PHONE

Tired of asking everyone how to use your phone? Had enough of searching in vain for apps, photos, etc.? Your mobile device can do a lot more than just check email and Facebook. Learn about the functions and capabilities of your smart phone or tablet. (Smart phone required). *Instructors: Nick Lango and Chris Folgate of Best Buy.*

Age: Adult  
Day: Thurs  
Date: Mar 10  
Time: 6-7:30pm  
Place: Santo Community Center  
Cost: \$6 Resident | \$12 Non-Resident  
Limit: Min 4 | Max 20



### SELF-DEFENSE FOR WOMEN

As women, we are often vulnerable to physical attack. This four-week course is intended to instill confidence and basic skills of self-defense. This training enhances awareness to help you respond instantaneously in adverse situations. Learn ways to protect yourself and your loved ones. *Instructor: Sam Manuel.*

Age: 14+  
Days: Tues  
Date: Session 1: Feb 2-23  
Session 2: Apr 5-26  
Time: 6-7 pm  
Place: Santo Center  
Cost: \$25 Resident | \$31 Non-Resident  
Limit: Min 4 | Max 8

## DAY TRIPS

Children under age 18 **MUST** be accompanied by an adult. All prices are 'Per Person'. The required minimum number of participants must be registered at least one week prior to each tour. All tours depart from and return to the Santo Center. Note: Transportation is provided in a 10-passenger van, not handicapped accessible. Transportation provided by Medford Parks and Recreation.

### SOUTHERN OREGON WATERFALLS

Experience the sights and sounds of spectacular waterfalls along the Rogue-Umpqua National Scenic Byway. Most stops require short walks on easy trails. Stops may vary. Bring a sack lunch. Food or beverage costs are not included. Destinations include:

**DEADLINE FALLS** A short but massive waterfall where jumping Steelhead and salmon are often observed on their journey from the Pacific Ocean to spawn in the tributary waters of the Cascade Mountains.

**SUSAN CREEK FALLS** This spectacular waterfall drops 50 feet over moss lined rock cliffs. The 0.8 mile trail is moderately accessible to people with disabilities.

**TOKETEE FALLS** A 0.4 mile trail leads visitors through an old growth forest along the North Umpqua River views of cascading water through a narrow rock gorge. The trail has 200 steps leading to a sturdy deck overlooking the two tiered falls. The upper descent drops 40 feet, and the lower falls plunge 80 feet over a sheer wall of volcanic basalt. Whitehorse Falls you will have an immediate view of this 15 foot falls on the Clearwater River.

**CLEARWATER FALLS** A short walk up Clearwater River results in a spectacular view of a 30-foot cascade over moss-covered rocks and logs.

Age: Family (10+)  
 Date: Sat, Jun 4  
 Time: 8am-5:30pm  
 Place: Meet at Santo Center  
 Fee: \$49 Resident | \$55 Non-Resident  
 Limit: Min 5 | Max 8

### WILDLIFE SAFARI TOUR

Opened in 1972, Wildlife Safari is a 600-acre drive-thru animal park. It is the only wild animal park of its type in Oregon. Nestled in a large wooded valley, the park features over 550 animals from around the world. Bring a lunch or buy one at the park café (lunch not included in fee).

Age: Family (*Children under 18 must be with an adult*)  
 Date: Sat, May 21  
 Time: 8:30am-3:30pm  
 Place: Meet at Santo Center  
 Fee: \$50 Resident | \$56 Non-Resident  
 Fee includes Park admission  
 Limit: Min 5 | Max 8



### WINE TASTING AND LUNCH TOUR

Let us do the driving while you sit back and enjoy the colors of the Rogue Valley. Visit Red Lilly Vineyards and DANCIN Vineyards for wine tasting followed by lunch at the Back Porch BBQ in Jacksonville. All tours depart from and return to the Santo Community Center. Lunch and wine tasting fees not included.

Age: 21+  
 Date: Sat, May 7  
 Time: 10:30am-3pm  
 Place: Meet at Santo Center  
 Fee: \$16 Resident | \$22 Non-Resident  
*Lunch and wine tasting fees not included in cost and is the responsibility of the participant.*  
 Limit: Min 8 | Max 15

### STOUT GROVE REDWOODS & CRESCENT CITY

Located on a small floodplain at the junction of two rivers, Stout Grove is one of the world's most scenic stand of redwoods due to its openness and cathedral-like majesty combined with a lush, lawn-like ground cover. Visit the circa-1856 Crescent City Light House and the 900-foot Crescent City Pier and South Lookout. The return trip features a stop at Taylor's Sausages, where the Taylor family has been enjoying the experience of making fine sausage since 1924. Bring a lunch.

Ages: Families (*Children under 18 must be with an adult*)  
 Date: Sat, Mar 26  
 Time: 9am-5pm  
 Place: Meet at Santo Center  
 Fee: \$55 Resident | \$61 Non-Resident  
 Limits: Min 5 | Max 9



**NATURAL HEALTH WITH ESSENTIAL OILS** **NEW!**

Take care of yourself and your family naturally using powerful essential oils. This class explains what essential oils are and how to use them. *Instructor: Natalie Schroeder.*

Age: Adult  
 Day: Tues  
 Date: Feb 16  
 Time: 6-7pm  
 Place: Santo Center  
 Fee: \$6 Resident | \$12 Non-Resident  
 Limit: Min 4 | Max 15

**TREATING PAIN NATURALLY WITH ESSENTIAL OILS** **NEW!**

Learn about the different causes of pain in your body. This class covers general pain, neuropathy and arthritis. Discover which oils to use for various conditions.

Age: Adult  
 Day: Tues  
 Date: Mar 8  
 Time: 6-7pm  
 Place: Santo Center  
 Fee: \$6 Resident | \$12 Non-Resident  
 Limit: Min 4 | Max 15

**SPRING CLEANING WITHOUT CHEMICALS** **NEW!**

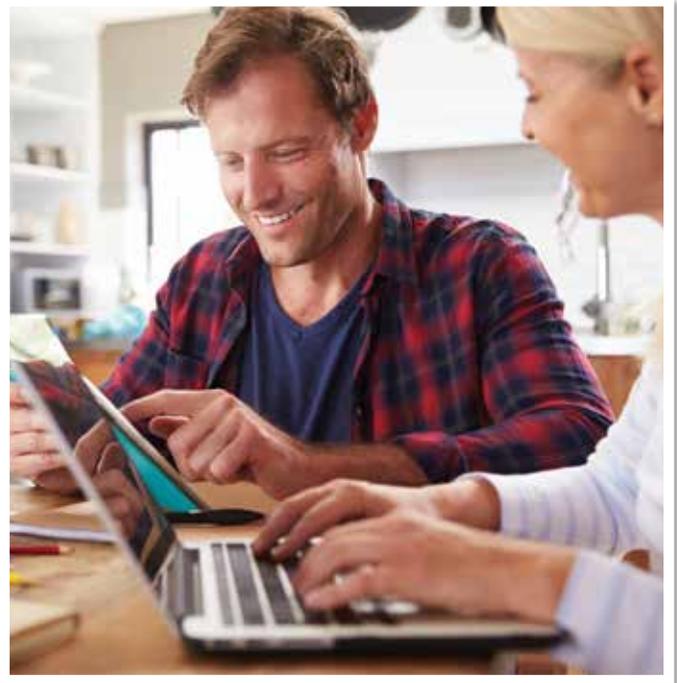
Use powerful and natural essential oils to clean, degrease and kill germs in your home without the use of harsh chemicals.

Age: Adult  
 Day: Tues  
 Date: Apr 12  
 Time: 6-7pm  
 Place: Santo Center  
 Fee: \$6 Resident | \$12 Non-Resident  
 Limit: Min 4 | Max 15

**FACEBOOK FOR ADULTS**

This workshop gets you up and going on Facebook. Learn about security settings, how to post, share pictures, comment on posts, how to manage your "wall" and how to find friends. *Instructor: Ellie Brown.*

Age: Adult  
 Day: Sat  
 Date: Session 1: Feb 20  
       Session 2: Mar 12  
       Session 3: Apr 23  
 Time: 10:30-Noon  
 Place: Santo Center  
 Fee: \$10 Resident | \$16 Non-Resident  
 Limit: Min 4 | Max 10



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Adult Volleyball,  
Adult Basketball & Adult Softball

Adult Soccer and Futsal

Sports	Registration Begins	League	Day	Time	Location	Game Guarantee	Max Teams	Team Fee	Registration Deadline	League Begins
Basketball	12/21/2015	Men's Recreational Open	Sundays	6-10pm	Santo Gym / St. Mary's	8	4-16	\$360	Jan 15	Jan 24
		Men's Recreational C	Sundays	6-10pm	Santo Gym / St. Mary's	8	4-6	\$360	Jan 15	Jan 24
		Men's Competitive	Sundays	6-10pm	St. Mary's	8	4-6	\$360	Jan 15	Jan 24
		Women's	Mondays	6-10pm	CCHS	8	4-6	\$360	Jan 15	Jan 25
Kickball	12/21/2015	Coed	Fridays	6-10pm	USCCP Softball Complex	6	4-8	\$130	Jan 29	Feb 12
Bubble Indoor Soccer	12/14/2015	Coed	Thursdays	7-9pm	Santo Gym	6	1-5	\$275	Jan 21	Jan 28
Outdoor Soccer	12/14/2015	Coed 35+ 7v7	Mondays	6-10pm	USCCP -14 / 6	8	4-8	\$320	Jan 11	Jan 18
		Men's 7v7	Tuesdays	6-10pm	USCCP -14 / 6	8	4-6	\$320	Jan 11	Jan 19
		Coed 11v11	Wednesdays	6-10pm	USCCP -14 / 6	8	4-8	\$320	Jan 11	Jan 20
		Women's 7v7	Thursdays	6-10pm	USCCP -14 / 6	8	4-6	\$320	Jan 8	Jan 14
Indoor Soccer (Futsal)	12/14/2015	Men's	Fridays	6-10pm	Santo Gym	8	4-6	\$205	Jan 11	Jan 22
		Coed	Saturdays	6-10pm	Santo Gym	8	4-6	\$205	Jan 11	Jan 23
Volleyball	11/30/2015	Women's A	Mondays	6-8pm	Santo Gym	14 matches	4-6	\$115	Jan 4	Jan 11
		Coed B Major	Mondays	8-10pm	Santo Gym	14 matches	4-6	\$115	Jan 4	Jan 11
		Women's B	Tuesdays	6-8pm	Santo Gym	14 matches	4-6	\$115	Jan 4	Jan 12
		Coed B	Tuesdays	8-10pm	Santo Gym	14 matches	4-6	\$115	Jan 4	Jan 12
		Coed C	Wednesdays	6-8pm	Santo / McLoughlin Gym	14 matches	4-8	\$115	Jan 4	Jan 13
Coed C Major	Wednesdays	8-10pm	Santo / McLoughlin Gym	14 matches	4-8	\$115	Jan 4	Jan 13		
Softball	12/21/2015	See sportsmedford.com for details			USCCP Softball Complex	7	Varies	\$225	Jan 22	Feb 7-10



## EMERGENCY PREPAREDNESS SERIES **NEW!**

Workshops designed by City of Medford Emergency Management to help you and your family prepare for an emergency. Admission is free but pre-registration is required.

Day: Tuesdays  
 Age: Adult  
 Time: 6-7 pm  
 Place: Santo Center  
 Cost: FREE *Pre-registration is required, call 541-774-2400 to reserve your spot.*  
 Limit: Min 1 | Max 25

**FEBRUARY 16:** Family and Individual Emergency Planning. Every person in the community should have an emergency plan. This session covers how to get started, what emergencies to plan for in the Medford area and what resources are available to help create your own plan. Plan for evacuation, sheltering in place and prepare for care of pets and domestic animals.

**FEBRUARY 23:** Preparing Your Personal Emergency Kit. Everyone should have an emergency kit, and it doesn't have to be expensive. This session addresses what essentials should be in everyone's kit, what individual items might be necessary, and how to assemble a good kit on a shoestring budget.

**MARCH 1:** Preparing to Communicate During an Emergency. Communications may be the single biggest challenge during and after an emergency. How will you and your family communicate when you're separated during a disaster? Learn how to tell whether your home phone will operate during a power failure, how to make the most of your smart phone during an emergency, different ways to get official information about an emergency, whether amateur radio might be right for you, and what services are available to help you notify friends and family that you're okay.

**MARCH 8:** Individual and family emergency preparedness principles in Spanish. Gane los principios ser preparados en emergencias para individuos y familias en español. Subjects include creating a plan, preparing a kit and communicating during an emergency. Este curso cubre cómo crear un plan, hacer un kit, y comunicar durante una emergencia.

**MARCH 22:** Mental Health in Emergencies. A disaster or other emergency can be distressing for any of us. Help individuals and family members cope during troubling events, including children, seniors and those who may be more vulnerable to mental health issues.

**MARCH 29:** Getting Involved for a More Resilient Community. Help yourself, your family and your neighborhood during and after an emergency. Examples include where to learn First Aid, how to obtain emergency skills, what local teams are available for interested volunteers, and other ways to match up individual skills and interests to help the larger community.

## ART HISTORY **NEW!**

This class will explore the history of the Dutch Golden Age of Painting and the life and times of some of the artists and their work. A \$10 materials fee will be due to the instructor on the first day of class. *Instructor: Tony Antonides.*

Age: Adults  
 Day: Thurs  
 Time: 1-2:30pm  
 Date: Session 1: Jan 28-Mar 17  
 Session 2: Mar 31-May 19  
 Place: Santo Center  
 Cost: \$12 Resident | \$18 Non-Resident  
 Limit: Min 5 | Max 20



## WELCOME TO HAWTHORNE PARK

The \$1.65 million overhaul of Hawthorne Park was completed in October 2015. The park redesign was made to make it more friendly and inviting for the community. Improvements at the park include an entry plaza, gardens, a restroom, a play structure, field restoration, a picnic shelter and new walkways. The play area was relocated from the center of the park to a more visible location near Jackson street and has an area for children ages 2-5 and another area for children ages 5 to 12. Just to the south of the playground is the splash pad which will get a lot of good use once the warmer Summer weather hits.

The redesign also features a dog park with areas for small and large dogs in the center of the park. Below are some shots of the grand opening event. Bring the family down and check it out and let us know what you think!





## CLASSES AT HAWTHORNE PARK



### BEGINNER'S "TAI CHI EASY" CLASS AT HAWTHORNE PARK

An introduction to the relaxing yet energizing health system from China. Slow graceful movements and focused breathing reduce stress, bring a sense of well-being and improve range of motion and balance. It's a fun and easy-to-learn Tai Chi for all ages that can be done sitting or standing. Wear loose clothing. *Instructor: Michael Fansler Certified Tai Chi Practice Leader.*

Age: 15+  
Day: Wed  
Date: Apr 6-May 25  
Time: Noon-1pm  
Place: Hawthorne Park (Meet at Basketball Court)  
Cost: FREE



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## 13TH-ANNUAL DADDY DAUGHTER DINNER DANCE 2016 THEME: WINTER WONDERLAND

Treat your girl(s) to a memorable evening - a special night out with Dad! The night includes dinner, dancing to a DJ, twist contest, a rose for the young ladies and a professional keepsake photo. Pre-registration is required; a limited number of seats are available. Both dances sell out every year, so don't wait to sign up!

Age: Girls - 5 years and up, with their Dads  
Date:

Fri | Feb 5 Register by Jan 29  
Sat | Feb 6 Register by Jan 29

Time: 5:30-9pm  
Place: Inn at The Commons Ballroom  
Fee: \$32 per person  
Max: 250 per night



Register by contacting the Medford Parks and Recreation Department at 541-774-2400 or register in person at the Santo Community Center.



## 2ND-ANNUAL MOTHER-SON SUPER HERO DANCE

Hey Moms, dust off those dancing shoes and attach your super hero capes for an evening of fun and dancing with your son! The night includes dancing to a DJ, a twist contest, a rose for Mom, snacks and punch, a professional keepsake photo and much more. Prizes for the best super-hero duo costumes. Pre-registration required; a limited number of spaces available.

Age: Boys 3-10 with their Moms  
Date: Sat, May 14  
Time: 6:30-8:30pm  
Place: Santo Center Gym, please wear flat-soled shoes  
Cost: \$15 per person  
Max: 150



## 75TH-ANNUAL MEDFORD KIWANIS CLUB EASTER EGG HUNT

The Easter Bunny will be on hand to give out balloons, help kids hunt for candy and pose for pictures.

Age: 0-9  
Day: Sat, Mar 26  
Time: 10am *The Bunny is never late!*  
Place: Pear Blossom Park  
Cost: FREE

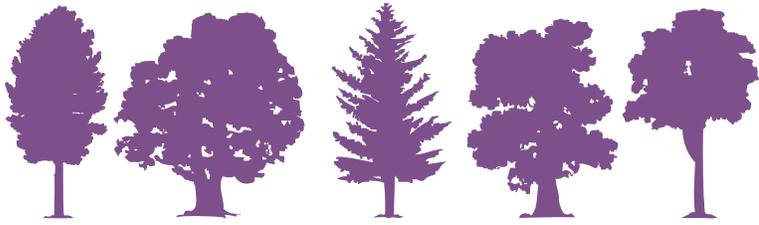


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## KIDS GARAGE SALE

Children learn the pros and cons of entrepreneurship by renting a booth space to sell their gently-used items, such as children's clothes, sporting goods, action figures, computer games, books, CDs, DVDs and toys of all kinds. No pets! Sellers must provide change.

Age: 8-12  
Day: Sat, Mar 5  
Time: Setup: 8:30-9:30am  
Sale: 9:30am-Noon  
Cleanup: Noon-12:30pm  
Place: Santo Center Gym  
Cost: \$5 per 8 ft. table  
(You may reserve more than one table)  
Limit: Max 12 tables



### ARBOR DAY 2016 AT COYOTE TRAILS

Celebrate the new growing season and Arbor Day at the Coyote Trails Nature Center at U.S. Cellular Community Park! Presented by Medford Parks and Recreation and our many partners, the annual Arbor Day celebration features tree planting and Heritage Tree recognition. MPRD and Coyote Trails offer people of all ages the chance to learn, participate and experience the wonderful resources of our area.

Day: Sat  
 Date: Apr 30  
 Place: Coyote Trails Nature Center  
 Location: U.S. Cellular Community Park  
 300 Lowry Lane  
 Time: 11am  
 Cost: FREE






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**880 Golf View Dr, Medford**

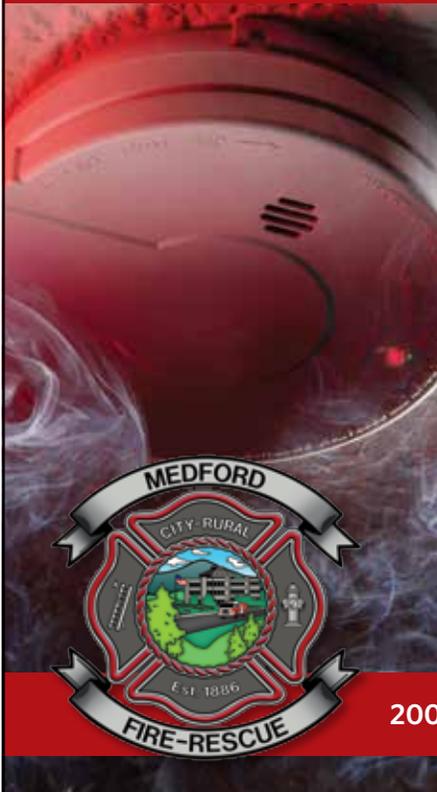
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## A WORKING SMOKE ALARM JUST MIGHT SAVE YOUR LIFE!



Smoke alarms are essential because they provide an early warning of a fire developing in your home. According to the National Fire Protection Association, two thirds of home fire deaths occur in homes without a working smoke alarm. Deadly smoke can fill your home in a matter of minutes. A working smoke alarm significantly increases your chances of surviving a deadly home fire. Properly placed and maintained smoke alarms increase your chances of surviving a fire by 50%. Smoke alarms are intended to warn you whether you are awake or asleep.

It is recommended you have a smoke alarm on every level of the home, in the immediate area outside of the sleeping rooms, and in every bedroom. If you discover your child will not wake to a traditional sounding alarm, consider installing a personalized parent voice alarm.

Smoke alarms are powered by either a battery or are hardwired into your home's electrical system. Hardwired smoke alarms are usually equipped with a backup battery. If your smoke alarm is powered by battery, the battery needs to be replaced annually unless it is a long-life battery (check the owner's manual). All batteries should be maintained and replaced in accordance with manufacturer's guidance. Test smoke alarms monthly to ensure they are functioning.

**200 South Ivy Street, Room #180 | Medford, OR 97501 | Phone: (541) 774-2300**



## SWIM PASS PRE-SEASON SALE ON NOW!

Buy your Summer Open Swim Pass before June 1 and \$ave! Swim all summer for a single, discounted fee. Pass holders are eligible for the priority entry line at the start of each open swim or lap swim session. Family members must reside in the same household for the family passes. Passes may be purchased at the Santo Community Center.

	Resident	Sale	Non-Resident	Sale
Youth	\$40	\$30	\$50	\$40
Adult	\$70	\$60	\$90	\$80
Family	\$100	\$90	\$130	\$120

## SUMMER SWIMMING LESSONS

Private and Semi-Private lessons are offered in addition to our popular group lessons. A complete listing of lesson times is available April 1.

Swim lesson registration begins April 18, 8am-5pm, Santo Community Center

### Swim Session Schedule Dates

A swim lesson is 30 minutes, Monday through Friday for one week. Group, private and semi-private lessons are available.

Session 1:	Jun 20-24
Session 2:	Jun 27-July 1
Session 3:	Jul 5-8 ( <i>Free for city residents</i> )
Session 4:	Jul 11-15
Session 5:	Jul 18-22
Session 6:	Jul 25-29
Session 7:	Aug 1-5
Session 8:	Aug 8-12
Session 9:	Aug 15-19
Session 10:	Aug 22-26 ( <i>Free for city residents</i> )

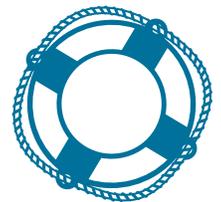
## NEW LIFEGUARD/LIFEGUARD REVIEW CLASSES

If you are interested in Red Cross lifeguarding classes during Spring Break, contact Shari Walker, 541-857-7129, no later than Feb. 26 for information on class times and fees. Prospective employees must be at least 15 years old by the start of the class for Lifeguarding and at least age 16 for WSI.

## WANT TO BE A LIFEGUARD?

Learn what is required to become a lifeguard, employment opportunities and how to apply. Employers and trainers will be on hand to answer your questions. Parents and prospective lifeguards welcome.

Age: 15+  
 Day: Wed  
 Date: Feb 10  
 Time: 6:30-7:30pm  
 Place: Santo Center  
 Fee: FREE *Pre-registration is requested*



## WATER AEROBICS: LOW-IMPACT CLASS INDOOR WARM WATER POOL

Designed to get the whole body moving through stretching and strength and endurance exercises. Exercises are at a comfortable pace to accommodate those with limited mobility. Recommended for people of all ages, especially older adults.

Age: Adult  
 Day: Monday, Wednesday & Friday  
 Place: Medford Sports Injury & Therapy Center,  
 2780 E. Barnett Rd  
 Cost: \$24 Resident | \$30 Non-Resident  
 Limit: Min 1 | Max 5



Session 1:	AM	Feb 1-12	10:30-11:15am
Session 1:	PM	Feb 1-12	3-3:45pm
Session 2:	AM	Feb 15-26	10:30-11:15am
Session 2:	PM	Feb 15-26	3-3:45pm
Session 3:	AM	Feb 29-Mar 11	10:30-11:15am
Session 3:	PM	Feb 29-Mar 11	3-3:45pm
Session 4:	AM	Mar 14-25	10:30-11:15am
Session 4:	PM	Mar 14-25	3-3:45pm
Session 5:	AM	Mar 28-Apr 8	10:30-11:15am
Session 5:	PM	Mar 28-Apr 8	3-3:45pm
Session 6:	AM	Apr 11-22	10:30-11:15am
Session 6:	PM	Apr 11-22	3-3:45pm
Session 7:	AM	Apr 25-May 6	10:30-11:15am
Session 7:	PM	Apr 25-May 6	3-3:45pm
Session 8:	AM	May 9-20	10:30-11:15am
Session 8:	PM	May 9-20	3-3:45pm

## JACKSON AQUATIC CENTER RENTALS

Celebrate your Birthday with us and have a FUNtastic time! Call the Santo Center at 541-774-2400 starting in May to reserve your party. Please reserve at least one week in advance. Certified lifeguards are on duty to assist with set-up and to ensure a safe, fun swimming experience. Life jackets are available if needed. Anyone inside the pool enclosure is considered a guest.

FUNtastic Parties are two hours in duration at Jackson Aquatic Center. All parties include an ice cream bar for each party guest and private usage of the grass area.

Rental times are during open public swim.

Cost: \$50 for first 15 guests, an additional \$2 per guest with a maximum of 40.



## FUNTASTIC PRIVATE POOL PARTY

(Saturdays and Sundays, Jun. 25-Aug. 27)

The Aquatic Center is a great place for your next employee or customer appreciation day, BBQ or special company event! Party reservations accepted starting May 2016.

Certified lifeguards are on duty to ensure a safe, fun swimming experience. Life jackets are available, if needed. Rental includes private use of the pool.

Anyone inside the pool enclosure, including the grass area, is considered a pool patron and is counted in the total number of guests.

### Weekend Rental Times Available

Saturday:	10am-Noon			
Sunday:	10am-Noon   6-8pm			
Attendees:	1-80	81-120	121-160	161-200
Fee (2 HR):	\$285	\$325	\$350	\$395

The 2hrs includes setup and cleanup of pool area.

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## PUNTOS INTERESANTES DE INVIERNO Y PRIMAVERA

### CERTIFICACIÓN CLASES CPR (RESUCITACIÓN CARDIOPULMONAR)

Gane una tarjeta de CPR Asociación Americana del Corazón y ser preparados para salvar vidas bajo la tutela de la Ciudad certificada de Medford Cuerpo de bomberos de los técnicos Paramédico. Las clases cubren Adulto CPR, opcional CPR para niños y bebés, AED (desfibrilador externo automático), Asfixia y Primeros Auxilios. La preinscripción es necesario. No está diseñado para los profesionales de la medicina. Cada persona tiene la obligación de comprar o pedir prestado un libro para la clase. El libro prestado está incluido en el costo de la clase, o comprar un libro por \$15. Los libros deben ser recogidos en la Santo Center antes del clase.

Edad: 14+  
 Fechas: Sesión 1: Sábado, Enero 16 | 1-4pm  
 Sesión 2: Sábado, Febrero 6 | 9am-Mediodía  
 Sesión 3: Sábado, Marzo 19 | 1-4pm  
 Sesión 4: Sábado, Abril 2 | 1-4pm  
 Sesión 5: Sábado, Mayo 21 | 9am-Mediodía

Lugar: Estación de Bomberos #6,  
 3700 Barnett Carretera  
 Cuota: \$20 Residentes | \$26 No-Residentes

### PRGRAMA DE BALONCESTO "LITTLE HOOPSTERS"

¡La introducción perfecta a baloncesto para niños! Nuestro formato prueba enseña los fundamentos del juego de manera divertida, ambiente recreativo. Los juegos se juegan después de instrucción en grupo e individual en driblar, pasar, técnica de tirar y conceptos defensivos. Cada niño recibe una camiseta reversible numerada y una medalla de participación al final de la temporada.

Edades: 4-5 | 6-7  
 Día: Domingo  
 Horario:  
 Edades: 4-5: 1-2pm  
 Edades: 6-7: 2:30-3:30pm  
 Lugar: Gimnasio del Santo Center  
 Costo: \$31 Residentes | \$37 No-Residentes  
 Limite: Min 10 | Max 30 por grupo de edad



#### INVIERNO

Registrar para: Jueves, Enero 21  
 Reunión de Padres: Jueves, Enero 21, Santo Center, 6pm  
 Días de Juegos: Enero 31-Marzo 6

#### PRIMAVERA

Registrar para: Jueves, Marzo 31  
 Reunión de Padres: Jueves, Mar 31, Santo Center, 6pm  
 Días de Juegos: Abril 10-Mayo 22  
 (descartar Mayo 8)



### LIGAS DE FÚTBOL JUVENIL

Nuestro programa interior estrella juvenil deportes - dónde muchos niños comienzan sus carreras de fútbol. Esta liga introductoria desarrolla habilidades básicas y enseña el trabajo en equipo en un ambiente relajado y recreativo. Sobre todo, los juegos son una diversión para los niños y familias! Los jugadores reciben una atractiva camiseta y una medalla de participación. Voluntarios, por lo general padres, sirven como organizadores de equipo.

Edades: 4-5 | 6-8  
 Costo: \$35 Residentes | \$41 No-Residentes  
 Limite: Min 24 | Max 108 por grupo de edad



LIGA DE INVIERNO: Febrero 6-Marzo 12  
 4-5 años | 6-8 años

Registrar antes de: Miércoles, Enero 13  
 Reunión de Padres: Miércoles, Enero 13 | 6 pm  
 Entrenamiento de Entrenadores: Miércoles, Enero 20 | 6 pm  
 Lugar de Reunión y Entrenamiento: Santo Center  
 Practicas: Una noche por semana (TBA)  
 Lugar de Práctica Santo Center o otros lugares  
 Juegos: Sábado, 9am como sea necesario  
 Lugar del Partido: Gimnasio del Santo Center



LIGA DE PRIMAVERA: Abril 23-Junio 4 (descartar Mayo 28)  
 4-5 años | 6-8 años

Registrar antes de: Miércoles, Marzo 30  
 Reunión de Padres: Miércoles, Marzo 30 | 6 pm  
 Entrenamiento de Entrenadores: Miércoles, Abril 6 | 6 pm  
 Lugar de Reunión y Entrenamiento: Santo Center  
 Practicas: Una noche por semana (TBA)  
 Lugar de Práctica Santo o otros lugares  
 Juegos: Sábado, 9am como sea necesario  
 Lugar del Partido: Gimnasio del Santo Center

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# COYOTE TRAILS SCHOOL OF NATURE | REGISTER AT COYOTETRAILS.ORG



- Classes are held at the Coyote Trails Nature Center (CTNC), located in the heart of the U.S. Cellular Community Park along Bear Creek, at 2931 S. Pacific Hwy, Medford (actually located down Lowry Lane).
- No experience required! **Pre-registration is required for all day classes, as spaces are limited and classes fill early.** Please arrive at least 15 minutes early to check in and to allow class to start on time. Full payments are due at least 3 days prior to the first day of any class.
- To register, visit [www.CoyoteTrails.org](http://www.CoyoteTrails.org) or call 541-772-1390. Direct questions to [office@coyotetrails.org](mailto:office@coyotetrails.org).
- CTNC office is open Monday-Friday, 11am-4pm. Visit our museum, lending library, birdwatching station, solar pavilion, and hike the trails.
- Coyote Trails is an independent 501(c)(3) nonprofit organization. Contributions are always welcome.

**OUTDOOR ADVENTURE HOME SCHOOL PROGRAM** Focus is on nature connection, tracking, storytelling, survival skills, & getting comfortable in nature. Locations vary — details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: 7-11 | Day: Thursdays | Time: 1-4 pm  
Winter Term: Jan 14-March 10 | Fee: \$180  
Spring Term: April 7-May 26 | Fee: \$160

**RETURNING TO OUR ROOTS: HEALING THROUGH NATURE SERIES** Learn skills for taking charge of your life and making good choices for personal growth during difficult times. Nature is the perfect backdrop for learning self-awareness skills. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org)

Age: 18+ | Day: Thursdays | Time: 5:30-6:30pm  
Date: Feb 4, 11, 18, 25 & March 3, 10, 17 & 24 | Fee: \$80

**CONNECTING WITH OUR CHILDREN THROUGH NATURE AWARENESS SERIES** Includes skills, games, family problem solving, and team-building activities designed to improve communication, trust, and awareness. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: All | Day: Sundays | Time: 1-3pm  
Date: Feb 7, 14, 21, 28 & March 6 & 13  
Fee: \$180 for family up to 4 people, plus \$40 each additional participant

**SOUND HEALING** The harp has been used since ancient times for its celestial sound. Explore chakra toning with the Celtic harp, crystal bowl, and your own voice. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: 18+ | Day: Saturday | Date: March 5  
Time: 1-3 pm | Fee: \$15

**WILDERNESS FIRST AID** Gain the knowledge, skills and ability to make sound decisions in emergency situations. Ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. Certification through WMI/NOLS. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: 16+ | Day: Saturday & Sunday | Date: March 19-20  
Time: 8am-5pm | Fee: \$195



**CPR Healthcare Provider (HCP) Basic Life Support (BLS)** CPR certification. This training is ASAP approved, and includes Adult, Child, and Infant CPR. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: 18+ | Day: Saturday | Date: March 26  
Time: 9am-1pm | Fee: \$85

**PRIMITIVE ARROWS: FROM BUSH TO BOW** Harvest green arrow shafts straight from the bush and learn to create a seasoned, fully functional hunting arrow, complete with arrowhead and turkey feather fletchings, ready to fly from your bow. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: 18+ | Day: Saturday & Sunday | Date: April 2-3  
Time: 9am-4pm | Fee: \$150

**THE AMAZING CATTAIL** Learn about this magnificent plant and its many uses with, yes, REAL cattails. Eat them, weave them, powder them, and make fire with them. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: 6 through adult | Day: Sunday | Date: April 24  
Time: 1-3 pm | Fee: \$20

**ARBOR DAY CELEBRATION** Coyote Trails Nature Center is hosting the City of Medford's Arbor Day celebration including Coyote Trails skills stations and live entertainment. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org).

Age: All | Day: Saturday | Date: April 30  
Time: 10:30am-1pm | Fee: Free

SIGN UP EARLY

**WILDERNESS FIRST RESPONDER (WFR)** Learn to make critical medical and evacuation decisions in remote locations. Certification through WMI/NOLS. Details at [www.CoyoteTrails.org](http://www.CoyoteTrails.org)

Age: 16+ | Day: Friday-Sunday | Date: May 6-15  
Time: 8am-5pm | Fee: \$750

# EASTER SEALS THERAPEUTIC RECREATION

REGISTER AT 541.842.2199



**SPECIALIZED RECREATION PROGRAMS TO REGISTER CALL OR EMAIL EASTER SEALS.** These programs for people with disabilities and/or special needs are provided by Easter Seals Oregon (ESO). For more information call Easter Seals staff at 541.842.2199 or email [roguevalley@or.easterseals.com](mailto:roguevalley@or.easterseals.com).

## SOCIAL EVENTS FOR ALL AGES

As a collaborative effort, two or three social events will be hosted by ESO. Themed gatherings bring more social opportunities to people with special needs. For more information call the Easter Seals office at 541.842.2199.

Find us on facebook at [www.facebook.com/EasterSealsRogueValley](http://www.facebook.com/EasterSealsRogueValley)

## FIRST SATURDAY DANCE

A social and recreational event the first Saturday of each month.

Age: 16+

Date:

Jan 2 **Dress to Impress:** Wear your favorite fancy outfit to celebrate the new year!

Feb 6 **Cupid's Coming:** Bring valentine's cards for friends!

Mar 5 **St. Patty's Day:** Wear green so you don't get pinched!

Apr 2 **April Fool's Day:** Wear your clothes backwards or inside out.

May 7 **Cowboy Up:** Yep—belt buckles, boots and cowboy hats! Yee-haw!

Time: 7-10 pm

Place: Santo Community Center, Main Hall

Fee: \$5 per person at the door

*Parents & care providers are FREE*

## AQUATIC PROGRAMS

Six week water exercise classes for individuals with disabilities and special needs, held in heated indoor pool! Run by Avamere Health & Fitness Club. For more info call 541.842.2199.

Place: Avamere Health & Fitness Club;  
*All inquiries must go through Easter Seals*

Age: 7-16 Day: Thurs

Dates: Dec 10, 17, Jan 7, 14, 21, 28

Time: 2:30-3:30pm

Fee: \$30 for 6 weeks

Limit: Min 8 | Max 20

Age: 16+ Day: Fri

Dates: Dec 4, 11, 18, Jan 8, 15, 22

Time: 4-5pm

Fee: \$40 for 6 weeks

Limit: Min 8 | Max 20



## SATURDAY RECREATION & RESPITE

Held the first and third Saturdays each month during the school year. Call 541.842.2199 to register for one or more days. *(Siblings are welcome, too!)* Please call at least 2 days in advance for your reservation!

Age: 3-21

Date: Jan 2 | Jan 16 | Feb 6 | Feb 20 | Mar 5  
Mar 19 | Apr 2 | Apr 16 | May 7 | May 21

Time: 9am-2pm

Place: Easter Seals Rec Center, 809 W. McAndrews

Fee: \$25 for the first child

\$15 for each additional child

Limit: Min 8 | Max 18 per Saturday



## IN-SERVICE R&R DAYS

We provide care on Medford Schools "In-service Days" and some holidays, designed like our Saturday Recreation & Respite Program. All dates are tentative, based on interest of parents and care providers, and will be canceled within two days of the program if minimum is not met. *(Siblings are welcome, too!)* Please call at least two days in advance!

Age: 3-21

Date: Jan 18  
Feb 15-18  
Apr 18-21  
May 30

Time: 8am-2pm

Place: Easter Seals Rec Center, 809 W. McAndrews

Fee: \$25 for the first child

\$15 for each additional child

Limit: Min 6 | Max 15 per Program



# Support our parks!



## Improving Our Community

We enhance our quality of life by raising funds, fostering partnerships, and advocating for projects that benefit our City parks and recreation programs.

Contributions support:

- Youth Scholarships
- Park Development Projects
- Trail Development Projects

**Learn More:**  
[www.medfordparksfoundation.org](http://www.medfordparksfoundation.org) 

Providing family dentistry to the Rogue Valley for more than 35 years.



Randy Wooton, DMD | Gregory Pearson, DMD  
 Calie Roa, DMD | Eric Alston, DMD | Hal Borg, DMD



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 Medford, OR 97504  
**541-773-3422**

Hours: Mon-Thurs 7am-5pm  
[EastMainDentalCenter.com](http://EastMainDentalCenter.com)



# Have fun all summer long!

## SUMMER TENNIS IN MEDFORD

Learn tennis skills in an affordable, fun, interactive environment that is great for all ages.

RecTennis provides all the equipment.

Whether you are a beginner trying to learn, a family wanting to have fun together or someone that wants to understand the basics of competitive tennis, we have a program for you!

**LEARN MORE NOW!**  
[RecTennis.com/Medford](http://RecTennis.com/Medford)

**WEEKLY & DAILY SESSIONS ALL SUMMER  
 JUNE 13 - AUGUST 19, 2016**

**LOCATION**  
 Fichtner-Mainwaring Park



## Ashland Parks & Recreation Commission (APRC)

Winter/Spring 2016  
340 S. Pioneer St., Ashland  
541-488-5340



REGISTER AT: [ASHLANDPARKSANDREC.ORG](http://ASHLANDPARKSANDREC.ORG)

### ASHLAND ROTARY CENTENNIAL ICE RINK (A DIVISION OF APRC)

It's time to lace up your skates and hit the ice! APRC's outdoor rink in Lithia Park is open through Feb. 2016. The rink is located directly across from Lithia Park and around the corner from the Plaza: 95 Winburn Way, at the corner of Nutley Street and Winburn Way. Visit [ashland.or.us/IceRink](http://ashland.or.us/IceRink), call the ice rink at 541.488.9189 or call APRC at 541.488.5340. We hope you can experience one of the most magical places in Ashland ... that little outdoor rink in beautiful Lithia Park, where the air is fresh, the white lights are twinkling and the music blends with the sounds of nature and blades on the ice ... "Let's skate!"

### ROGUE VALLEY BIRD DAY

Do you love birds? On Saturday, May 14, get up close and personal with them at Rogue Valley Bird Day. Take a guided bird walk, try out your best bird call and mingle with other birders! This free annual event will be from 8am to Noon at North Mountain Park, 620 N Mountain Avenue, Ashland. North Mountain Park is adjacent to Bear Creek and offers several acres of wildlife-friendly open space and trails. Visit [www.RogueValleyBirdDay.net](http://www.RogueValleyBirdDay.net) or call 541.488.6606.

### ASHLAND COMMUNITY BIKE SWAP

Are you ready to sell your bike and buy a new one? The 26th Annual Ashland Community Bike Swap is your chance to make that happen! The swap is at The Grove, 1195 E Main St, in Ashland on Saturday, April 16, from noon to 2pm. Admission is \$1/person; \$3/family. Check out our website for all of the details on selling and buying - [www.RVTD.org/bikeswap](http://www.RVTD.org/bikeswap) or call APRC at 541.488.5340.

Check us out at [www.AshlandParksandRec.org](http://www.AshlandParksandRec.org), call us at 541.488.5340 or visit us in upper Lithia Park at 340 S. Pioneer St. LIKE Ashland Parks & Recreation Commission (APRC) on Facebook at [Facebook.com/AshlandParksandRec](https://www.facebook.com/AshlandParksandRec).

"We'll see you in the Park and on Facebook!"

## Central Point Parks & Recreation Programs

Winter/Spring '16 Events & Classes  
140 S. 3rd St., Central point  
541-423-1012



REGISTER AT: [CENTRALPOINTOREGON.GOV/PARKS.ASPX](http://CENTRALPOINTOREGON.GOV/PARKS.ASPX)

**Winter-Spring 2016 Events and Classes:** We are offering a wide variety of events and classes this winter and spring. Please call us at (541) 664-3321 Ext. 130 or visit our website at [www.centralpointoregon.gov/parksrec](http://www.centralpointoregon.gov/parksrec) to register for classes or for more information.

### MIGHTY MITES BASKETBALL

Dates: Saturdays | January 23-February 27  
Time: 1:30-5pm | Cost: \$40

Mighty Mites Basketball provides children ages 5 to 8 with an introduction to basketball. Emphasis is placed on learning basic skills, teamwork, good sportsmanship and, most of all, having fun. Skills are taught through drills and games played every Saturday. Each team plays for one hour on Saturday afternoon between 1:30 and 5:00 pm. All children will receive a team jersey. We will have six teams with a maximum of ten members on each team.

### PICKLEBALL FOR ALL & IMPROVE YOUR PICKLEBALL SKILLS

Dates: Thursdays | March 3-31 & April 7-28  
Times: Pickleball for All: 10-11am  
Improve your Pickleball: 9-10am | Cost: \$23

Introductory and advanced pickleball classes with Joel Heller who has been a teacher and coach for much of his life and was the Rogue Valley Champion from 2011 to 2013. Joel emphasizes a fun approach in this class. Equipment will be provided or bring your own.

### FITNESS, HEALTH AND WELLNESS LECTURE SERIES

Dates: Tuesdays, Jan 5-19 OR Wednesdays, Jan 6-20  
Time: Tuesdays, 1-2pm; Wednesdays, 6-7pm | Cost: \$25

This is a three-session series of informal lectures and answers to your fitness, health and wellness questions with Patrick A. Frey, CSCS. Patrick has been teaching, guiding and training clients in the Rogue Valley for over 18 years, helping them to achieve a wide range of fitness, health and wellness related goals. Series will include the following three, 1 hour sessions:

1. Nutrition: Making sense of all the claims;
2. Exercise: How much and how often are right for your goals?
3. Shinrin -Yoku: Learn how the forest can improve your health

Recreation Area Facilities Program & Event Locations	Amphitheater	Basketball	Dog Park	Equestrian Trails	Gazebo	Horseshoe/Bocce	Meeting Rooms	Outdoor Pool	Picnic Pavilion	Playground	Restrooms	Soccer	Softball/Baseball	Sand Volleyball	Tennis	Trail Access	Water Play Area
<b>COMMUNITY FACILITIES</b>																	
<b>Parks &amp; Recreation Headquarters</b> Santo Community Center, 701 N Columbus Ave		🏀					♿			👤	👤						
I.O.O.F./Eastwood Cemetery, 1581 Siskiyou Blvd																	
Carnegie Building, 413 W Main St							♿				👤						
<b>REGIONAL PARKS</b>																	
Bear Creek Park, Siskiyou Blvd & Highland Dr									🏠	👤	👤		🌕	🏸	👤		
Bear Creek Amphitheater, Dog Park & Skate Park	★		🐕														
Prescott (Roxy Ann) Park, Roxy Ann Rd			🐎													👤	
<b>COMMUNITY PARKS</b>																	
Fichtner-Mainwaring Park, Stewart Ave & Holly St		🏀		🏠						👤	👤	⚽	🏈	🏸	👤		💧
Hawthorne Park, 501 E Main St				🏠						👤	👤	⚽					💧
Holmes Park, 185 S Modoc Ave									🏠	👤	👤				🏸		
Jackson Park & Pool, 815 Summit Ave		🏀					♿			👤	👤		🌕		🏸		
U.S. Cellular Community Park, 300 Lowry Lane										👤	👤	⚽	🌕			👤	
Pear Blossom Park, N Bartlett, along 4th-6th Streets									🏠	👤	👤						
<b>SPECIAL USE PARKS</b>																	
Alba Park, West 8th Street				🏠													
Railroad Park, Table Rock Rd & Berrydale Ave									🏠		👤						👤
Veteran's Memorial Park, S. Pacific Hwy & Stewart											👤						
Virginia Vogel Plaza, E Main St & Central Ave																	
<b>NEIGHBORHOOD PARKS* Medford Parks property adjacent to school site</b>																	
Donahue-Frohnmayer Park, 1678 Spring St		🏀							🏠	👤							
Howard Elementary, 286 Mace Rd		🏀		🏠						👤		⚽	🌕		🏸		
Jefferson Elementary, 333 Holmes Ave		🏀								👤		⚽	🌕				
Kennedy Elementary, 2860 N Keene Way Rd		🏀								👤		⚽	🌕				
Lone Pine Elementary, 3158 Lone Pine Rd		🏀								👤		⚽	🌕				
Orchard Hill Elementary, 1011 La Loma Dr		🏀								👤		⚽					
Union Park, Union Ave & Plum St		🏀								👤	👤						
Earhart Park, Fortune & Eastwood										👤							
Ruhl Park, Modoc Ave & Hillcrest Rd		🏀		🏠						👤							
Cedar Links Park, 3101 Cedar Links Dr																	
Oregon Hills Park, 6001 E. McAndrews Rd										👤	👤						💧
Lewis Park, 130 Lewis Ave		🏀							🏠	👤	👤						💧
Lone Pine Park, 3158 Lone Pine Rd									🏠	👤	👤						💧
Liberty Park, 625 N Bartlett St										👤	👤						
<b>FUTURE PARK SITES</b>																	
Chrissy Park	For more information call 541.774.2400																
Midway Park	For more information call 541.774.2400																

Other Program Locations
<b>COMMERCIAL FACILITIES</b>
<b>Evergreen Ballroom</b> 6088 Crater Lake Ave, Central Point
<b>Fire Station 6</b> 3700 Barnett Rd, Medford
<b>Inn At The Commons</b> 200 N Riverside Ave, Medford
<b>Medford Armory</b> 1701 S. Pacific Hwy, Medford
<b>Rogue Valley Country Club Tennis Center</b> 2700 Hillcrest Rd, Medford
<b>Centennial Golf Course</b> 1900 N Phoenix Hwy, Medford
<b>Easter Seals Rec Center</b> 809 W McAndrews, Medford
<b>Cascade Christian H. S.</b> 855 Chevy Way, Medford
<b>St. Mary's School</b> 816 Black Oak Dr, Medford
<b>Coyote Trails' Jefferson Nature Center</b> 300 Lowry Lane, Medford
<b>Rogue Gallery &amp; Art Center</b> 40 S Bartlett St, Medford

## GENERAL PARK RULES

Park Hours: 6am-10:30pm

- Alcohol: Not permitted in most park areas or facilities. Allocated in certain areas with the Park Director's approval.
- Amplification: City permission is required for amplified speech or music in a park area. *Permit Fee \$16*
- Barbecues: Please do not leave a fire unattended or leave before extinguishing any fire. Dump hot briquettes in existing fire pits or barbecues only.
- Camping: Not allowed in any park unless pre-approved by City Council.
- Dogs: Must be on a 6-foot leash in the control of a capable individual who must immediately remove any feces.
- Firearms: Firearms, fireworks and explosives are prohibited from all parks.
- Horses/Exotic Animals—Not permitted in park areas or bike paths except when approved for special events.
- Vehicles: Motorized vehicles are allowed only in designated parking areas.
- Vending: Land use regulations prohibit vending of goods except as specified in Section 2-185 of the City Code.

## BEAR CREEK SKATE PARK

- All participants are required to wear protective head gear while using the Skate Park. This is a state law for those 16 years of age and younger.
- No bike riding is allowed on the skate park facility.
- Facility is for Skateboard and Roller Blade activities only.
- Use facility at your own risk.
- Do not use this facility when skate surface is wet.

## TO RESERVE A PARK OR FACILITY

Park Hours are 6am-10:30pm

- View park sites and facility calendars at [www.playmedford.com](http://www.playmedford.com).
- Reserve by phone with a debit/credit card by calling 774-2400.
- To pay with cash, check or money order, visit the Parks & Recreation office at the Santo Community Center.
- Bring the rental confirmation to the location/event.
- Inflatables may not be staked at any park site. Renters are required to provide valid insurance, as specified by the City. Renter is responsible for providing power.

### General Use Permit:

\$42 for each 3-hour time slot. "General Use" is considered under 75 attendees, no amplification and creates no neighborhood parking impact.



**Special Event Permits:** A special permit and a site plan are required for events and activities that generate high spectator, traffic, parking or park-impact volumes such as festivals, car shows, events using booths, etc. Please call MPRD well in advance to plan and coordinate the event.

**Bear Creek Amphitheater:** Most events at these facilities require a Special Event Permit. If the event only requires chairs, you can make reservations by phone with a debit/credit card, or come in person to the Parks Department to pay with cash.

## SANTO COMMUNITY CENTER RENTALS

Rooms are often available for meetings, family gatherings or presentations. Rooms accommodate up to 49 people, and the Main Hall can hold up to 150. Tables, chairs provided. TVs and screens available in many rooms.

**Meeting Rooms:** \$18 per hour

**Main Hall: *Commercial and For-Profit Groups***

50 people or less: \$40 per hour

Over 50 people: \$50 per hour

**Main Hall: *Family and Non-Profit Groups***

50 people or less: \$25 per hour

Over 50 people: \$35 per hour

Additional fees many apply if abnormal amounts of staff or maintenance are required.

## U.S. CELLULAR COMMUNITY PARK

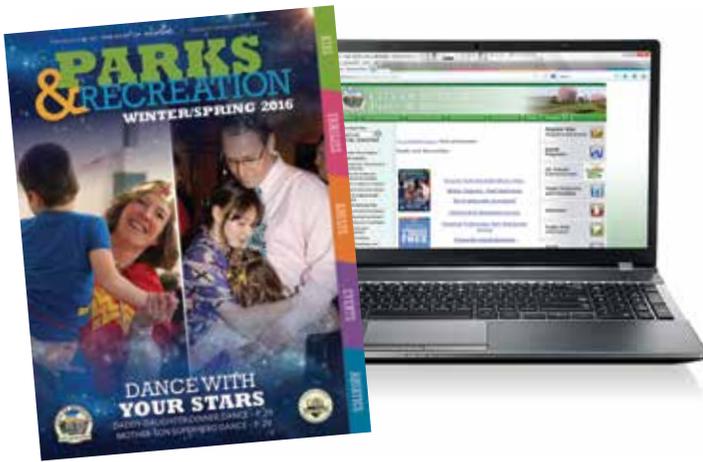
Visit [www.sportsmedford.com](http://www.sportsmedford.com) for rental rates and procedures.

## CARNEGIE BUILDING RENTALS

Hold your next meeting at the historic Carnegie Building. Dedicated in 1912, the classic revival style building has been restored and renovated with amenities and an open floor plan.

## ABOUT THE MEDFORD PARKS & RECREATION PROGRAM GUIDE

Published three times a year, the Parks & Recreation Guidebook is direct-mailed to over 40,000 households with additional copies distributed at all Medford Parks and Recreation facilities, Medford Public Schools, the Medford Chamber of Commerce, the Medford Public Library and other public institutions in Jackson County. The publication can also be viewed online at the City of Medford's web site.



## ADVERTISE HERE

The businesses that advertise help make our programs possible. Please be sure to mention you saw their ad here! To place an ad or to sponsor a program, contact Chris Shaull at 541.774.2407 or [chris.shaull@cityofmedford.org](mailto:chris.shaull@cityofmedford.org).

## PHOTO USAGE

On occasion, Department staff or contractors may photograph participants in recreation programs and events, or people on Parks and Recreation-managed properties. Photos may be used for illustrative and promotional purposes.

## PARKS & RECREATION STAFF

Brian Sjothun ..... Parks & Recreation Director  
 Rich Rosenthal ..... Asst. Parks & Recreation Director  
 Tim Stevens ..... Parks Superintendent

Adam Airoidi ..... City Arborist  
 David Alexander ..... Recreation Supervisor  
 Matthew Carvalho ..... Park Technician  
 Levi Clyburn ..... Park Worker I  
 Paul Cobb ..... Park Technician  
 Angela Durant ..... Grant Support Tech  
 Steve Goetz ..... Park Worker I  
 Chuck Hanson ..... Recreation Coordinator  
 Jeff Knecht ..... Park Technician  
 Bob Lucas ..... Park Worker I  
 Sue McKenna ..... Recreation Supervisor  
 Molly Mc Nerney ..... Park Worker I  
 Bob Miller ..... Parks Bldg/Utility Tech II - Irrigation  
 Jesse Nyberg ..... Recreation Supervisor  
 Bev Power ..... Customer Service Specialist  
 Brian Robinson ..... Parks Bldg/Utility Tech II - Irrigation  
 Stryder Scofield ..... Park Technician  
 Chris Shaull ..... Resource Development Coordinator  
 Sandi Sherman ..... Admin Support Tech  
 Jennifer Sparacino ..... Office Administrator  
 Dwayne Stoltz ..... Park Technician  
 Skip Vencill ..... Bldg/Utility Technician II - Irrigation  
 Richard Weed ..... Park Worker I  
 Darcy Wellington ..... Park Worker I  
 Travis Wyant ..... Park Technician  
 Pete Young ..... Parks Planner

## LOOKING FOR AN EXCITING CAREER OPPORTUNITY?

Go online and visit the City of Medford's Job Openings page for full-time, part-time and temporary employment opportunities at [www.cityofmedford.org](http://www.cityofmedford.org).

Click on the Job Interest Cards link located on the left hand side of the page to get an email when an area of interest opens up in the future and "Like" the City of Medford, Human Resources Facebook page to stay connected.

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**Fruit Tree  
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Feb. 20th and 27th  
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to register.*



## Saturday Gardening Classes

Check out our **series of Saturday Gardening classes** including fresh coffee and kids activities on our website at [www.roguevalleynursery.com/class](http://www.roguevalleynursery.com/class)

- Weekly Sales - see website
- Locally Grown Plants
- Drought Tolerant and Deer Resistant Plants

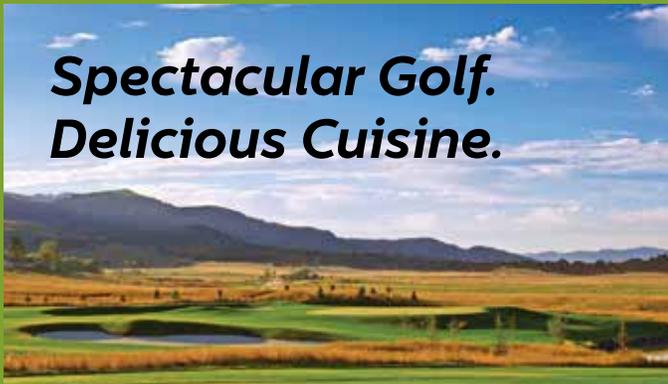
Most classes kids are free and we have our ever popular sandbox to entertain while you shop.

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\*With this ad. Offer expires July 31, 2016.  
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ADULTS

EVENTS

AQUATICS



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