Tai Chi - Winter/Spring 2017

Where did you hear about this activity?

Answered: 6  Skipped: 0

- Programs and services guide: 66.67% 4
- City Website: 0.00% 0
- Social Media (Facebook, Twitter, etc.): 0.00% 0
- Newspaper: 0.00% 0
- Radio: 0.00% 0
- TV: 0.00% 0
- Friend/word of mouth: 16.67% 1
- Other (please specify): 16.67% 1

Total Respondents: 6
**Q2**

**Did the instructor/leader have good knowledge of subject matter?**

<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Great</td>
<td>100.00%</td>
</tr>
<tr>
<td>Good</td>
<td>0.00%</td>
</tr>
<tr>
<td>Satisfactory</td>
<td>0.00%</td>
</tr>
<tr>
<td>Not So Good</td>
<td>0.00%</td>
</tr>
<tr>
<td>Poor</td>
<td>0.00%</td>
</tr>
<tr>
<td>N/A</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total: 8

Comments: 1

**Q3**

**Was the facility staff courteous and helpful?**

Answered: 8  Skipped: 0
Q4

Was the registration process convenient?

Answered: 6  Skipped: 0

Answer Choices

Great
Good
Satisfactory
Not So Good
Poor
N/A

Responses

66.67%  4
33.33%  2
0.00%  0
0.00%  0
0.00%  0
Total  6

Comments (0)
Q5

Was the facility safe and clean?

Answered: 6  Skipped: 0

Great: 66.67%  4
Good: 16.67%  1
Satisfactory: 0.00%  0
Not So Good: 16.67%  1
Poor: 0.00%  0
N/A: 0.00%  0
Total: 6

Comments (0)

Q6

Please rate your overall experience.

Answered: 6  Skipped: 0
matches your opinion on the benefits of this activity:

Answered: 6  Skipped: 0

<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enhances overall health and well-being</td>
<td>83.33%</td>
</tr>
<tr>
<td>Increases self esteem and positive self image</td>
<td>33.33%</td>
</tr>
<tr>
<td>Reduces risk of isolation and loneliness</td>
<td>33.33%</td>
</tr>
<tr>
<td>Helps families spend time together</td>
<td>16.67%</td>
</tr>
<tr>
<td>Increases physical fitness</td>
<td>50.00%</td>
</tr>
<tr>
<td>Reduces stress level</td>
<td>33.33%</td>
</tr>
<tr>
<td>Is a productive use of free time</td>
<td>33.33%</td>
</tr>
<tr>
<td>Increases social skills</td>
<td>16.67%</td>
</tr>
</tbody>
</table>

Total Respondents: 6

Comments (0)